



## How your donation makes such a difference

**£3** Allows us to issue 'breathing space' CD's made by our complementary therapists.

**£5** Would allow for a craft kit to be given to children of our unicorn service.

**£10** We would be able to purchase more 'remembering' books which are given to children in order that they can keep memories alive of their special person.

**£10** Pays for a patient to have lunch and afternoon tea in our day hospice.

**£20** Could pay for a hospice at home nurse to care for someone in their own home for one hour, giving all the care they so desperately need at the end of their life.

**£20** Gives one patient a half-hour complementary therapy session.

**£25** Pays for a session with one of our welfare rights workers, helping patients through a very difficult time.

**£25** Pays for toys, arts, crafts for the Unicorn team at St David's. The materials can be used to help children come to terms with their loss.

**£25** Gives a group of patients a 45 minute movement and dance session.

**£25** Gives a group of patients a 45 minute visualisation session.

**£30** Would buy 2 therapy music CDs for patients.

**£35** Gives a group of patients an hour singing therapy session.

**£35** Buys 6 bottles of non-alcoholic communion wine.

**£45** Gives a group of patients a one hour art therapy session.

**£50** Would give a one hour yoga or mindfulness session.

**£70** Buys 20 holding crosses for patients as an aid for prayer and comfort for the anxious time a loved one is in our in-patient unit.

**£100** Would buy art and craft material for the 4 day hospices for one month.

**£160** Could pay for a hospice at home nurse to stay with a patient overnight and give all the care they need in their own home surrounded by loved ones.

**£200** Pays for a clinical nurse specialist to visit a patient and their family twice in a week to help stabilise their symptoms.

**£800** Would supply one year of essential oils for the 4 day hospices.

**£1,000** Pays for a new syringe driver for use by our patients when they need it most.