



**ST DAVID'S FOUNDATION
HOSPICE CARE**

**TRUSTEES' ANNUAL REPORT AND
CONSOLIDATED FINANCIAL
STATEMENTS**

**FOR THE YEAR ENDED
31 MARCH 2019**

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The Trustees are pleased to present their annual report with the audited, consolidated financial statements of St David's Foundation Hospice Care ("the hospice") for the year ending 31 March 2019.

This Trustees report incorporates the requirements of a Directors' report required by company law.

Objectives and activities

The principal objective of the hospice is to relieve sickness and pain among persons who are suffering from any chronic or life-threatening illness in England and Wales. The hospice currently confines its work to Caerphilly, Monmouthshire, Newport, Torfaen and in South & Mid Powys.

The hospice provides a specialist, multi-professional palliative care service in community, Day Hospice and in-patient settings.

The main focus of our work is to provide 24-hour supportive palliative nursing care in patients' own homes via our Clinical Nurse Specialists, Hospice at Home team, our In-Patient Unit, our Day Hospices and to provide support through our Family Support Team.

The hospice aims to meet this objective by:

Putting patients and their carers first

- delivering excellent high quality and responsive care, free of charge at the right time and in the right place;
- providing bespoke care that meets the individual needs of patients, carers and their families;
- working with Health Boards and other health and social care professionals to support and care for those who need our service;

Supporting and empowering staff and volunteers

- developing a workforce with the skills and ability to deliver our purposes;
- creating a supportive, respectful, listening environment for our valued staff and volunteers;

Strengthening our foundations as a charitable organisation

- making the best use of existing resources to ensure efficiency and effectiveness;
- maximising and diversifying our income generation to fund and develop our services;

Engaging with our communities

- working with and developing mutually beneficial relationships;
- building on and enhancing our excellent reputation and profile;
- being committed to widening access and being inclusive;

Looking forward

- responding and adapting to external influences and changing in a timely manner;
- being innovative and pro-active leaders in our field;
- developing a hospice for the future by always seeking to improve methods and practices;

Striving to be the best at what we do

- aspiring to always exceed quality standards for all aspects of the care and services that we deliver;
- listening and responding to the needs of our patients and communities to keep them at the heart of everything we do;
- being a developing and learning organisation through evaluating our delivery and sharing best practice.

The hospice undertakes nine core charitable activities to meet its objectives:

- Community Clinical Nurse Specialists
- Hospice at Home
- The Day Hospices
- Fifteen bed In-Patient Unit
- The Family Support Team
- Adult and child bereavement care
- Complementary therapies
- Chaplain service
- Education

Community Clinical Nurse Specialists

"Every time the CNS visits she brings calmness amongst chaos. Although our lives will never be the same again the CNS always tries to bring back to us (through help and medication) the best we can have of "J" again. The CNS not only supports "J", she supports all of us with help and understanding of our every need. In addition to this it is a massive relief that all the care team are there 24/7 and listen and help you as to what is needed at any particular time. It is so reassuring and welcoming to have this extremely high standard of support."

A family member of a patient

The hospice employs 20 Clinical Nurse Specialists. They are highly trained, skilled palliative care professionals. The Clinical Nurse Specialists are allocated to GP practices and work as core members of the primary healthcare team. The role of the Clinical Nurse Specialist is to:

- support the patient and family by managing symptom control such as pain and nausea;
- provide information regarding diagnosis and treatment;
- liaise with the Primary Healthcare Team on a plan of care;
- be the key worker within the hospice and refer patients to other hospice services and other community services.

Hospice at Home

The Hospice at Home team aims to provide end of life care at home and to enable patients to have choice about where they die. The service also provides respite care to patients

to help relieve carer fatigue. The service is delivered with a skill mix of qualified palliative care nurses and health care assistants. Each patient and their family are assessed individually to ensure the hospice develops the best possible package of care for each situation.

Day Hospices

We have 4 Day Hospices which run throughout the week with patients attending between 10am and 4pm at the service most local to them. They are:

- Ysbyty Ystrad Fawr, Ystrad Mynach
- County Hospital, Pontypool
- Usk House, Brecon
- Blackett Avenue, Newport

Day Hospice is a friendly and comfortable place for patients to meet and gain support from others who are in a similar situation, and take part in a range of activities and interests. Patients are able to choose breakfast and lunch from our menu and can enjoy a relaxing bath at any of the locations. Group or individual relaxation sessions and complementary therapy treatments are also available. There is always a Specialist Palliative Care Nurse on hand for patients to discuss their condition or medication.

"The patient is picked up on a Thursday morning and is taken to St David's for a day. He thoroughly enjoys his times with you and said the food and care is 10/10. Thank you."

A relative

The Hospice Harmony Choir

The Hospice Harmony Choir have been singing together for over 2 years and have performed at music concerts and festivals. Any patient, their carer or family member can join the Choir which usually meets in Blackett Avenue Day Hospice. Those that attend will often report feeling much more energised and uplifted after attending and the group have become a new form of support for each other. On average we have around 30 participants and have more concerts and activities planned, including percussion sessions to be introduced.

In-Patient Unit

"Beautiful facilities and a fantastic team who work here."

A patient

The In-Patient Unit is a Consultant led Specialist Palliative Care unit with 15 beds for adult patients who suffer from progressive life limiting conditions and live within the five localities of Aneurin Bevan University Health Board (ABUHB). The service is free for patients and families who fulfil the criteria for admission, which include short term care for the management of complex symptoms, assessment, emotional or psychological distress, rehabilitation following treatment and care at the end of life. The In-Patient Unit does not provide long term nursing care. Holistic care is co-

ordinated by a multi-professional team, with a mix of skills that encompass the physical, spiritual, psychological and social requirements of patients and families.

The Family Support Team

The Family Support Team are part of the multi-professional team supporting patients and their families with a wide range of social, financial, practical and emotional needs. The team includes:

- Social Workers;
- Welfare Rights Advisors;
- Carer Support;
- Bereavement Support;
- The Unicorn Service supporting children, young people and their families.

Social workers work across the community and in patient services supporting patients, families and carers with a wide range of issues.

"I dread to think what quality of life I would have had if I hadn't met you, you helped me so much".

Welfare Rights Advisors ensure that our patients and families have support to navigate the welfare reforms, access their full entitlements and have fewer money worries.

The Bereavement Service provides support to anyone coping with the loss of a patient of the hospice.

"I learned...that the hospice is there as much, if not more, for the people who are still here after death. I had no idea the hospice would be the place to "let go" of a life. The bereavement support helped me to make peace with the memory of my father."

A bereaved relative

Complementary Therapy

The Complementary Therapy Team at St David's Hospice is made up of experienced therapists. Complementary therapies are offered in conjunction with conventional medical treatment and are offered primarily for the relief of stress and anxiety but can also assist in relieving physical symptoms such as pain, insomnia, nausea and muscle tension. In general, complementary therapies can be used to induce a feeling of well-being and of 'letting go' and are also aimed at giving the patient a 'treat' rather than a treatment.

"I have been receiving Complementary Therapy at St David's in Ystrad Mynach which I find very helpful and relaxing."

A patient

Therapies include massage, aromatherapy, reflexology and Reiki and are provided at patient's homes or within the Day Hospice or In-Patient Unit setting.

Chaplain Service

Towards the end of 2018 interviews were held for a new appointment of a chaplain. The successful candidate started in June 2019. The volunteer spiritual care team remain very dedicated and are much appreciated by parents and families alike.

Education

The Education Department works closely with local Universities through endorsements of specific courses and mentoring of student nurses. A wide range of teaching strategies are used to improve the knowledge and skills of staff to care for people, their families and carers facing a progressive life-threatening illness which is no longer curable. Regular courses are provided for nursing and residential homes in palliative care.

Public benefit

Our charitable services are provided without charge to all members of the public with a life threatening illness who are referred by a health care professional and who live in Caerphilly, Monmouthshire, Newport, Torfaen and in South & Mid Powys.

The Trustees are of the opinion that they have complied with their duties to have due regard for the guidance on public benefit. We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the hospice's aims and objectives and in planning our future activities.

Statement of purpose

St. David's Hospice Care aims to:

- provide a comprehensive range of holistic hospice and palliative care services within the unitary authorities of Caerphilly, Monmouthshire, Newport, Torfaen and in South & Mid Powys;
- ensure all staff are appropriately trained and encouraged to participate in continued professional development;
- respect the dignity and privacy of service users at all times and respect the individuals' rights and choice in their care;
- receive referrals of patients who have a diagnosis of a life-threatening illness (either cancer or non-cancer of patients aged 17 years and over);
- promote and disseminate current research and good practice to the wider healthcare community;
- work within the requirements of the Care Standards Act 2000, the Nurses Agencies (Wales) Regulations 2003, the Domiciliary Care Agencies (Wales) Regulations 2004 and the National Minimum Standards for Independent Health Care Services in Wales 2011;
- support the need of patients' carers and families during the patients' illness and into bereavement;
- provide personal care to young people and adults (aged 17 years and over) within an agreed criteria;
- provide respite care through Day Hospice, Hospice at Home, in-patient care and carer support.

Strategic report

The strategic report required under company law comprises the three sections *Achievements and performance*, *Financial review* and *Plans for future periods* below.

Key performance indicators

The hospice uses a range of performance measures to monitor its performance. The key measures related to its charitable work are given in the achievements and performance section starting on page 4. The key financial performance indicators, including the hospice's reserves, are disclosed in the financial review starting on page 7.

Achievements and performance

In last year's financial statements we set out the following priorities for the forthcoming year:

Priority	Outcome
Open all fifteen beds in the new In-Patient Unit.	Unfortunately due to issues with ABUHB who employ all the palliative medicine doctors in Gwent we have been unable to open all the beds. There was a five week period where all the beds were open and this was successful but due to staff sickness issues this was not sustainable.
Increase investment in Hospice at Home to offer more care to patients at home.	Although hours of care are slightly down the service continues to be valued by patients and families.
Extend and develop Hospice at Home and develop Snowdrop services in Powys.	This has been a great success.
Open our Bereavement service to the wider community.	The Bereavement Centre is open in Pontypool.

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Priority	Outcome
Consolidate our financial position following five years of rapid expansion.	The Hospice is in a positive financial position at the end of 2018/19.
Building on the success of our Child Bereavement conference held during the year the hospice is planning "The Uniqueness of Grief" a Bereavement and Beyond conference in September 2018.	Further conferences are planned following the success of the 2018 conference.

Community Clinical Nurse Specialists

"[The CNS] is wonderful. She visits mum on regular basis and makes mum feel relaxed and is easy to talk to. Mum appreciates all her help and support and friendship. [The CNS nurse] takes time to explain things in a way that we understand and this is very important to us. She is made for this type of work - her personality is perfect and makes us feel at ease during her visits."

The daughter of a patient

	2019	2018
Number of patients	3,162	3,063
Average caseload	1,080	1,053
New referrals	2,141	2,010
Discharges	262	321
Deaths	1,732	1,698
Deaths at home	1,156	1,173
% died at home	67%	69%

"She was the most compassionate, understanding lady. She made me feel I had support at all times"

A St David's patient

- The five teams work through Caerphilly, Monmouthshire, Newport, Torfaen and South & Mid Powys. Each Clinical Nurse Specialist (CNS) is assigned to one or more GP surgeries. The CNS team cared for 3,162 patients which is an increase on previous year (2018 – 3,063).
- Overall referrals rose slightly to 1,080 from 1,053 in 2018.
- We aim to ensure across the service that at least 60% of patients die in their usual place of residence (excluding Hospice at Home). In 2019 we achieved this with 1,156 of 1,732 (2018 – 1,173 of 1,698).

Hospice at Home

	2019	2018
Average monthly caseload	37	30
Referrals	624	673
Hours of care	44,111	46,027

"The service was excellent – a great weight taken off our shoulders during this time, which gave us the time to help more during the day. The kindness, support, patience and reassurance helped during an awful time. Thank you so much."

A Hospice at Home patient

- The highly valued team support offered by the Hospice at Home remains at the core of what the hospice aims to achieve, ensuring patients have *real* choice about where to receive their end of life care.
- There has been a decrease of 4.2%% in the number of hours provided compared to last year (2018 - 12.4%% decrease), with a total number of hours of care provided of 44,111(2018 – 46,027).
- We continue to offer a flexible bespoke service which is tailored to each individual patient and their family.
- Our Hospice at Home service is registered with Care Inspectorate Wales. Our latest inspection can be requested directly from Care Inspectorate Wales.

Day Hospice

	2019	2018
Number of patients	395	476
New referrals	275	339
Attendances	3,288	3,332

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"The whole team at the Day Hospice always put your needs at the time first and endeavour to take as much care of you as they can. The hospitality shown is wonderful and I always come away reassured, knowing they have done all they can to take care of you."

A Day Hospice patient

- Day Hospice referrals have decreased from 339 in 2018 to 275 across 2019 and the number of patients attending decreased to 395 (2018 – 476). The number of attendances has fallen to 3,288 (2018 – 3,332).
- The review on Day Hospice services will continue through 2019.

Complementary Therapy

	2019	2018
Treatments given	1,576	1,615
New referrals	432	396

- There have been changes to the staff team during the year including a recruitment period where a post was vacant. Whilst treatments have fallen the productivity of the team has actually increased in the year.
- Referrals have continued to increase in the year.

Family Support Team

	2019	2018
Social Work		
New referrals	154	197
Welfare Rights		
New referrals	573	522
Adult bereavement service		
Average caseload	88	81
Sessions	1,337	1,230
Group attendances	331	297
Children's bereavement service (Unicorn)		
Average caseload	121	108
New referrals (families)	258	255

- Welfare rights referrals have increased from 522 in 2018 to 573 in 2019.
- The bereavement team provide a key component of the hospice's work. Visits by the service have increased from 1,109 to 1,230. There has been an increased focus on group support in recent years with Group attendances have increasing from 208 to 297.

"I think it's an amazing service. My son was shut down emotionally as in the last four years I have cared for my dad. He has slowly opened up and we can talk more openly and cope better with my dad's illness and death."

A parent

- Referrals to the Unicorn Service continue to rise (from 179 to 255) The increase in referrals reflects the increased demand by professionals in external settings such as; education, health and social services departments.
- Following an application to BBC Children in Need we were pleased to learn in June 2016 that a total grant of £106,270 had been awarded over 3 years to support the Unicorn project. This follows several years without any additional financial support for the running of this life altering service. A further bid has been submitted for 2019.
- The Family Remembering Time summer event brings the children & young people together with their adults to remember their special person, an event that has become a regular fixture in the Unicorn diary.

"We could not have done without it, "J" now understands it is okay to be open about feelings and it is good to cry and talk with family and not bottle up how he feels...[the group sessions] showed "J" he was not alone with how he felt"

A parent whose child had taken part in group sessions

In-Patient Unit

	2019	2018
Referrals	249	267
Admissions	191	172
Discharges	57	63
Deaths	113	103
Average length stay in days	15	16
Average bed occupancy	57%	53%

"I don't think there is any way the hospice could improve. They even let my dogs in to visit me."

An In-Patient Unit patient

- The new In-Patient Unit opened to patients in June 2017.
- The number of referrals to the hospice In-Patient Unit has decreased from 267 to 249.
- The bed occupancy has decreased from 74% to 53%. This decrease has occurred because the increased

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capacity in the new In-Patient Unit is not being fully utilised due to difficulties with medical staffing.

- The average length of stay has decreased from 19 days to 16 days.
- The In-Patient Unit is regulated by Healthcare Inspectorate Wales and was inspected in December 2018; a copy of the report can be found at the Healthcare Inspectorate Wales website at www.hiw.org.uk. Highlights of what we do well included:
 - person centred care;
 - patient and carer involvement in care planning;
 - family support;
 - multidisciplinary working;
 - well maintained and welcoming environment;
 - clinical auditing.

The report recommended improvements in some areas of record keeping, updating of care plans and one area of staff training.

"The care I have received has been above and beyond my expectations. The staff are the most caring bunch of people I have come across during my illness. Both myself and family feel without the outstanding care I've received during my stay I would not be in a position to go home. A huge thank-you to all for the outstanding care."

An In-Patient Unit patient

Education

Courses have been run specifically in palliative and end of life care for registered nurses and health care assistants which have been approved by the University of South Wales. Staff have the opportunity to attend research and development sessions on a monthly basis which include external speakers from oncology centres and other healthcare specialists. These have also been supported by our palliative care doctors.

Externally we continue to provide education for care home staff (both registered and carers) which has been approved by the University of South Wales. We maintain links with local universities and provide placements for third year student nurses. We have provided training for over 500 people in the year.

Out of hours – on call

This 24-hour a day advice line provides invaluable support to patients, families and healthcare professionals. The demand for this service has remained similar to previous years. A total of 1,965 calls were made in the year (2018 – 2,099).

Clinical risk management

- The team managers complete quality and patient safety reports monthly and these are assessed and actioned at a monthly Quality and Assurance meeting.
- Senior clinical managers meet weekly to discuss and action any issues arising.

- Policies and procedures are updated regularly.
- The Trustee clinical governance sub-group meets four times a year.
- A monthly SMT meeting for the In-Patient Unit is held with representatives from ABUHB.
- Risk assessments are completed for every patient and their family.

Compliments and complaints

Although the hospice aims to provide the very best care to our patients and families there are rare occasions where we do not meet the standard we would expect. As a hospice we take every complaint or concern very seriously and aim to learn from these occasions. A copy of our complaints policy can be obtained from the hospice.

We receive many compliments and always take the opportunity to learn from these situations and share good practice.

I want great care

We continue to take part in 'I want great care', a platform for collecting and reporting continuous real-time patient feedback. Some of the patient quotations in this report are taken from the 'I want great care' platform.

"We should remember that healthcare professionals are proud. They want to deliver a good service. If you embed direct patient feedback into the system, as we have in Wales for palliative care using iWantGreatCare, it can become a powerful driver to quality improvement."

Baroness (Professor) Ilora Finlay

Financial review

Overall the hospice's income increased from £7,644,000 to £8,866,000. The hospice's total expenditure increased by £296,000 to £7,970,000. The hospice's spending on charitable activities increased by £33,000 from £4,548,000 to £4,581,000.

Legacy income

The hospice has recognised legacy income of £1,188,000. This represents an increase of £596,000 compared to 2018. It compares to an average per year over the five years to 31 March 2018 of £586,000.

Funding sources

The hospice receives funding to provide its services from a variety of sources. The hospice received the following from the Welsh Government and NHS Health Boards under long term agreements:

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	Income £000		% of the expenditure on charitable activities	
	2019	2018	2019	2018
NHS service level agreements	1,724	1,686	38%	37%
Welsh Government	26	27	1%	1%
	1,750	1,713	39%	38%

The hospice receives additional NHS funding for individual continuing health care packages. This funding is not subject to a long term agreement.

	Income £000		% of the expenditure on charitable activities	
	2019	2018	2019	2018
Care packages	321	349	7%	8%

The hospice augments this public funding with donations, legacies and grants from trusts. In addition the hospice operates three core fundraising activities:

- running a network of charity shops;
- organising fundraising events;
- and operating a lottery.

Charity shops (retail trading)

The hospice operates 38 (2018 – 37) charity shops. The shops primarily sell second hand goods donated by members of the public. In addition new goods are sold by the hospice's trading subsidiary within the shops. The sale of new goods represented 5% (2018 – 6%) of retail trading income.

The net surplus from retail trading after allocation of support costs was £959,000 (2018 - £844,000). This represents an increased surplus margin of 27% (2018 - 26%).

Fundraising

The fundraising department incorporates both the work associated with appealing for donations and the subsequent administration together with the work associated with organising fundraising events. The net surplus from all fundraising after the allocation of support costs was £2,245,000 (2018 - £1,434,000). This represents an increased surplus margin of 79% (2018 - 74%).

Lottery

The hospice operates a weekly lottery draw. Most members play every week. Twice a year extra prizes are awarded for the draw. On these weeks additional tickets are sold more widely to the general public. The net surplus from the lottery

after the allocation of support costs was £145,000 (2018 - £149,000). This represents a surplus margin of 38% (2018 - 39%).

VAT

The hospice continues to benefit from the VAT refund scheme for palliative care charities which means it has been able to reclaim the VAT on its non-business activities. The additional VAT that the hospice would not otherwise have been able to recover was £115,000 (2018- £129,000). The hospice continues to suffer irrecoverable VAT on some of its expenditure notably expenditure on its lottery and on most fundraising events. The total irrecoverable VAT suffered was £38,000 (2018 - £32,000).

Investment policy

The Trustees reviewed and approved the investment policy on 28 June 2018.

Purpose of the hospice's investment

The hospice's investment policy is closely aligned with its reserves policy which sets out that free reserves are primarily held to cover an unexpected reduction in income over the forthcoming twelve months. As such the hospice's policy is to keep most surplus cash on deposit with UK based institutions. The terms of deposits may range from instant access to twelve months term deposits to ensure the funds are available if required without loss of capital or interest.

However in order to mitigate the risk of a real term loss in the value of reserves due to inflation the hospice will invest a limited proportion of reserves in asset classes other than cash (the investment portfolio).

The hospice calculates a risk based, free reserves requirement every year as set out in the reserves policy. This sets out the level of free reserves that the hospice will seek to hold. The hospice will retain at least 75% of the free reserves requirement as cash on deposit. Any additional funds may be invested in the portfolio at the discretion of the Senior Management Team.

The level of funds invested in the portfolio will be reported to the Governance Committee as part of the routine management accounts reporting.

Investment Manager

The investment portfolio will be managed on a discretionary basis which means the buy and sell decisions will be made by an Investment Manager subject to the conditions and ethical considerations set out in this policy. The Investment Manager will be appointed by the Governance Committee.

The Governance Committee will review the appointment of the Investment Manager at least every five years. This review may include a formal tender for the role at the discretion of the committee.

Objectives of the investment portfolio

Funds in the investment portfolio will be invested to produce the best financial return with an acceptable level of risk.

In the short term, income from the investment portfolio will not be used to fund charitable activities. The investment objective is therefore to increase the overall total return of the fund. Since the expectation is that any income from the investment portfolio will be reinvested in the portfolio, the hospice does not have a preference for either income or capital growth.

To meet its objectives the hospice investment portfolio can be invested widely according to the general power of investment and should be diversified by asset class, and by security. Asset classes could include cash, bonds, equities, commodities and any other assets that are deemed suitable for the hospice. The weighting of the classes of assets will be at the discretion of the Investment Manager subject to the conditions of this policy.

It is anticipated that investments will primarily be in UK based assets.

Risk

Giving due consideration to the proportion of the overall free reserves the investment portfolio represents, the low risk to which the rest of the free reserves are subject and the acceptance of risk identified following the analysis undertaken the risk level has been set as medium high.

A medium high risk level means that a large proportion of the investment portfolio may be held in equity investments. A broader range of equity markets and sectors is likely to be used. However fixed interest and non-equity investments may form part of the portfolio.

Time horizon

The hospice is expected to exist in perpetuity therefore the hospice can adopt a long term investment time horizon. For the purpose of this policy, the anticipated investment time horizon is over ten years.

Reporting and monitoring

The Investment Managers will be required to produce a valuation and performance report every month.

The Investment Managers will present a performance report at least once a year.

The Governance Committee have responsibility for agreeing the investment objectives and monitoring the investment assets. The committee will meet at least once a year to review the portfolio, including an analysis of return, risk and asset allocation and to review this policy.

Benchmarking

Performance of the investment portfolio will be monitored against the FTSE UK Private Investor Balanced index.

Restricted funds

The investment portfolio will not include any restricted funds of the hospice.

Ethical investment policy

The hospice will not invest in companies that produce more than 5% of their revenues from the production and distribution of tobacco and alcohol products. This is in line with the overall objectives of the hospice.

Principal risks and uncertainties

Financial risks

The Trustees identify the financial risks facing the hospice as part of the review of the reserves policy. The risk based policy identifies over 20 potential risks to the hospice's income and expenditure. These may be general, covering a broad class of income or expenditure, or may identify a more specific risk. The principal risks by value are:

- a general risk of over estimation of charity shop sales due to unforeseen external market conditions;
- a risk of an unforeseen reduction of the quality and quantity of stock donations to our shops;
- a general risk of spending over budget within retail shops due to necessary but unbudgeted costs;
- a risk of increased demand to the Hospice At Home service leading to unbudgeted additional costs.

The hospice primarily mitigates these risks by a regular review of the reserves policy which is aligned closely with the risks identified. Action is taken to ensure reserves remain sufficient. Regular management accounts and other management information is prepared monthly and reviewed by management and Trustees to monitor whether, in light of any risks occurring, any mitigating action is necessary.

Non-financial risks

The hospice also faces non-financial risks. These may ultimately have a financial impact but would principally affect the services we provide in other ways. The principal non-financial risks are:

- the risk of reputational damage that negatively affects engagement with the hospice by the public, the NHS and other bodies caused by:
 - a clinical error or omission leading to the mistreatment of a patient;
 - injury or other harm coming to a patient or other member of the public, such as through abuse, by staff, volunteers or members of the public;
 - injury or other harm coming to a member of staff through a failure in their duty of care by management;
 - injury or other harm coming to a participant at a fundraising event.
- The risk to the hospice caused by the loss of senior staff.

The hospice's strategy for mitigating the impact of reputational risk is primarily to ensure appropriate clinical governance is in place to monitor and improve our service. The hospice follows best practice for protecting vulnerable adults and others. Monitoring of staff and public health and safety is core to governance at all levels and is supported by a qualified Health and Safety Officer.

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Plans are in place in the case of the loss of a senior member of staff. The hospice has a strong senior team who would provide proficient management in the short term.

Risks and uncertainties with the ongoing operating costs of the new In-Patient Unit

A detailed budget has been completed for the on-going operating costs of the new In-Patient Unit. However uncertainties remain due to the increased beds and associated staffing costs.

The following measures are in place to mitigate this risk

- The budget is based on accurate, historical costs of running our current In-Patient Unit;
- regular, detailed monthly reviews of budget variances will take place throughout the year;
- the Trustees may opt to designate an additional £150,000 to cover unexpected variations.

Reserves policy

The Trustees have determined that the hospice maintains reserves:

- to ensure the continuity of service in the event of an unexpected reduction in income whilst alternative funding is sought or expenditure on services is modified;
- to provide funds to replace fixed assets without having to finance the purchase;
- to provide working capital so that the hospice can manage settling its liabilities when they become due efficiently.

As a mature organisation with a variety of established income streams and predictable, well-planned expenditure the Trustees consider it most appropriate for the hospice to operate a reserves policy centred on an analysis of the potential risks to the amounts of those income streams and of the potential risks of over-expenditure. In order to quantify the reserves required, the following steps were undertaken as part of the annual budgeting process:

- the expected income for the forthcoming year was identified and classified;
- the potential risks of each class of income were identified;
- the potential proportion of each class of income that was at risk of not being received was estimated and multiplied by the total expected income for that class of income to provide the value of income at risk for that class of income;
- a similar exercise was undertaken to identify and quantify the risk of over-expenditure for the different classes of expenditure;
- all the individual amounts were added together to give a basic risk reserve requirement;
- a general provision of 5% of the basic risk requirement was then added to the total to give the total risk reserve requirement;
- finally, the reserves required for future fixed asset purchases were added to give the overall total reserves requirement.

It is the opinion of the Trustees that the total reserves requirement need only cover a 12 month period since this would provide sufficient time to reduce expenditure or seek alternative sources of income.

From this exercise the Trustees have determined that the hospice requires reserves of £1,630,000 (2018 - £1,496,000). The following table compares reserves required by the policy and reserves held. In accordance with Charities SORP (FRS 102) paragraph 1.48, reserves held are considered after making allowance for

- restricted funds;
- any fund that can only be realised by disposing of tangible fixed assets;
- and any designated funds that have been established.

	2019	2018
	£000	£000
Total funds	12,212	11,312
Less restricted funds	(35)	(16)
Less fixed assets held in unrestricted funds	(8,977)	(9,102)
Total reserves before designation of funds	3,200	2,194
Designated funds	-	112
Undesignated reserves	3,200	2,082
Reserves required by the policy	1,630	1,496
Undesignated reserves above policy	1,570	586

£112,000 was designated to part fund the construction of the new In-Patient Unit in year ended 31 March 2018. This represented the retention due to the main contractor at this date. The retention was paid during the year.

The hospice holds £1,570,000 (2018 - £586,000) of undesignated reserves above the policy. The Trustees believe the natural growth of current services over the next five years will bring reserves held into line with the policy without the need to plan for a major expansion of current services or the implementation of new activities.

In addition the operation of the new In-Patient Unit in the initial period necessarily involves a certain level of financial risk and senior management resources. Consequently the implementation of a major new project would be imprudent until the operation of the unit has stabilised.

The Trustees are mindful that the year has been exceptional in terms of legacy income and therefore it is appropriate that at this point undesignated reserves are in excess of the policy. It is expected that legacy income will not remain at this level in forthcoming years and will continue to be volatile.

Plans for future periods

Our key priorities for the forthcoming year are to:

- Work with ABUHB to open all the beds in the In-Patient Unit to maximise benefits to patients and their families;
- Develop a spiritual care plan with the newly appointed Chaplain;
- Work with Powys Health Board to increase Hospice at Home care and redesign Day Hospice;
- Further develop our Occupational Therapy offering in Day Hospice, the In-Patient Unit and the community;
- Further develop our staff communication systems to ensure engagement and job satisfaction for our staff and volunteers.

Structure, governance and management

Governing document

St David's Foundation Hospice Care is a company limited by guarantee and a registered charity governed by its Memorandum and Articles of Association.

The hospice was incorporated on 24th March 1992 and its Memorandum and Articles of Association were altered by Special Resolutions passed on 9th January 1995, 29th March 2001, 26th May 2005 and 27th September 2007.

*Wonderful with my first husband
and wonderful again after 17
years.*

A patient

Operating name

The hospice operates under the name "St David's Hospice Care".

Directors and Trustees

The directors of the charitable company are its Trustees for the purpose of charity law and throughout this report are collectively referred to as the Trustees.

Recruitment and appointment of Trustees

The Chair, Board and Chief Executive review the Board performance yearly through an appraisal system. During this process it is identified if there are any skills or

experience gaps on the Board. If and when a vacancy becomes available the Board will look to recruit a member to the Board with the necessary knowledge and experience. Appointments are made via an application and interview process. References are obtained and an enhanced DBS check completed.

Anyone co-opted onto the Board during the year is formally elected at the AGM as set out in the Articles of Association.

Trustee induction and training

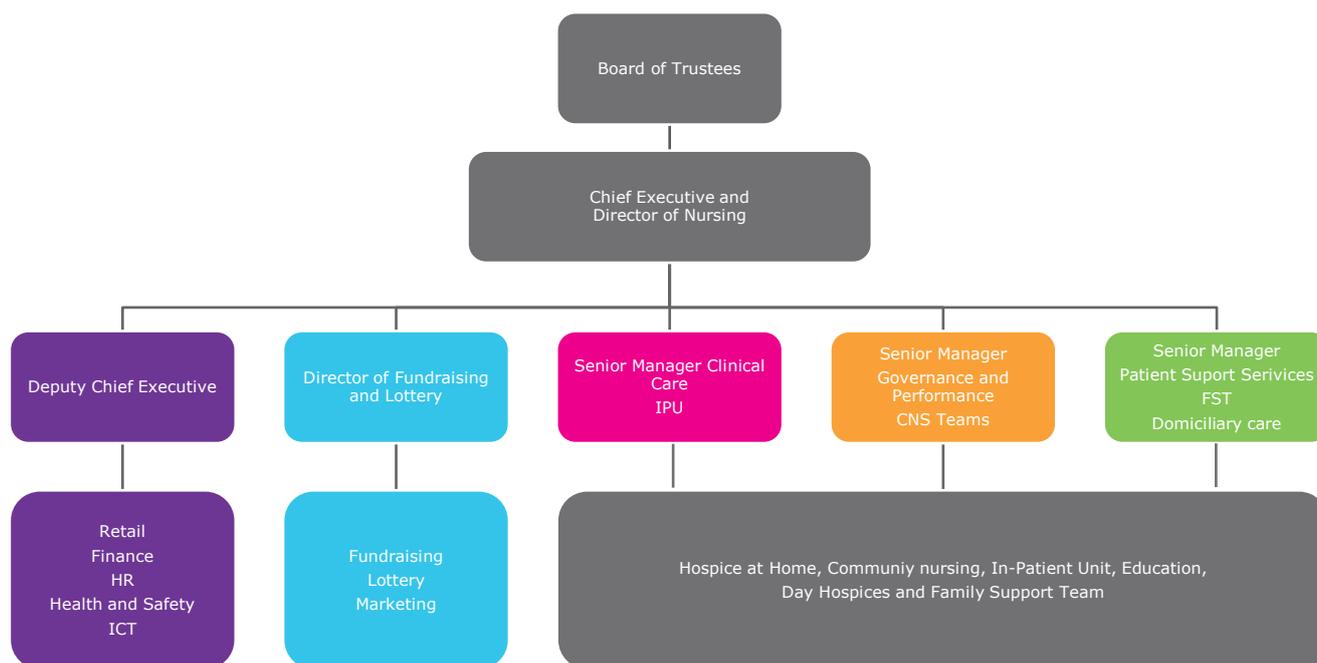
The hospice ensures each Trustee has a comprehensive induction when appointed. Trustees are provided with various Charity Commission documents and guidelines to support them in their role. An annual appraisal system for Trustees highlights any training needs.

Organisation

A Board of Trustees of fourteen voluntary members, who meet six times per year, administers the hospice. The following sub-groups advise the Board: Governance Committee; Retail; Clinical; and Income Generation. The remit of the Governance Committee includes Finance, Health & Safety, the reporting of Clinical Incidents and Risk Management. Health & Safety matters are discussed by an employee Health & Safety Committee in the first instance and issues are forwarded to the Governance Committee. The Governance Committee report back to the Board of the Trustees on a bi-monthly basis.

The Trustees appoint a Chief Executive to take overall responsibility for the management of the hospice by providing professional leadership through the development of strategic plans agreed with the Board of Trustees. The Chief Executive is supported by other members of the Senior Management Team, who prepare reports for the bi-monthly meetings of the Board of Trustees. The key management personnel comprise the Board of Trustees and the members of the Senior Management Team. The structure of the key management team is set out in the chart below.

The subsidiary company has two directors who are the Chair and Chief Executive of the hospice.



The key management personnel

Pay policy for key management personnel

The Trustees consider the Board of Trustees and the Senior Management Team comprise the key management personnel of the hospice.

All Trustees give their time freely and no trustee received remuneration in the year. Details of Trustees’ expenses and related party transactions are disclosed in notes 28 and 29 of the accounts.

The pay of the Senior Management Team is benchmarked against similar roles in the NHS or other comparable organisations. There is an emphasis on ensuring value for money for the hospice whilst enabling the recruitment and retention of staff with appropriate skills and experience.

For the Chief Executive / Director of Nursing this exercise may be undertaken by the Chair or an external consultant. Any increases are related to performance and approved by the Board of Trustees.

For other members of the Senior Management Team, benchmarking is undertaken informally by the Chief Executive / Director of Nursing.

The remuneration paid to key management personnel is set out in note 27.

Disabled employees

The hospice gives full consideration to applications for employment from disabled persons where the candidate’s

particular aptitudes and abilities are consistent with adequately meeting the requirements of the job. Opportunities are available to disabled employees for training, career development and promotion.

Where existing employees become disabled, it is the group’s policy to provide continuing employment wherever practicable in the same or an alternative position and to provide appropriate training to achieve this aim.

Volunteers

The hospice benefits greatly from the support of general volunteers who contribute throughout the organisation supporting both our charitable work and our fundraising activities. Roles include assisting in charity shops, marshalling at fundraising events, volunteering on reception and in our Day Hospices.

Special acknowledgements

The Board wishes to record its appreciation for the generosity of the many supporters of St David’s for their donations and bequests and to the hundreds of volunteers who give so willingly of their time and expertise. Thanks are also expressed to the President, Vice-Presidents and Patrons who serve in an honorary capacity.

The Board also wishes to acknowledge the tremendous dedication of the clinical, fundraising, retail and administrative staff to fulfilling the objectives of the hospice. The continued increase in the level and quality of the service is a tribute to their commitment and loyalty.

TRUSTEES REPORT

YEAR ENDED 31 MARCH 2019

Reference and administrative details

Charity number: 1010576
Company number: 2700097
Registered Office: St David's Hospice Care, Blakett Avenue, Newport, NP20 6NH

President: Sir Richard Hanbury-Tenison KCVO (sadly passed away in the year)

Vice-Presidents: Dr G. Anderson (resigned) Mr I. S. Burge
Mr J. Capel Mrs G. A. Goodacre
Mr W. Jenkyn-Jones Dr R. Lurvey MBE
Mr R. Noble OBE Prof W. B. Peeling CBE
Mrs P. A. White MBE

Patrons: Baron Touhig of Islwyn and Glansychan
Mr J. Over QPM, CPM, DL
Mrs S. Lloyd
Mr R. O'Shea
Mr A. Jones

Key Management Personnel: Trustees

Chair: Mr M. Davies OBE CStJ
Vice- Chair: Sir S. H. Boyle KCVO
Treasurer: Mrs M. Van de Weyer

Trustees: Dr R. C. G. Bracchi (appointed 25 March 2019) Dame R. Butler DBE
Mrs J. E. Child Mrs P. J. Davies
Mr J. L. M. Felvus Dr C. C. Gaffney
Rev E. Hills Mr M. Hine
Dr J. W. Holland Mr J. O. Thompson
Mrs P. A. White MBE (resigned 27 September 2018)

Key Management Personnel: Senior Management Team

Chief Executive: Mrs K.E. Saysell MBE
Deputy Chief Executive Mr A. Hadley
Director of Fundraising and Lottery: Mr K. Broome
Senior Manager Governance and Performance: Ms K. Hughes
Senior Manager Clinical Care: Ms S. Thomas
Senior Manager Patient Support Services: Ms G. Tanner

Advisors

Auditors: Advantage Accountancy & Advisory Ltd, Carlyle House, 5-7 Cathedral Road, Cardiff, CF11 9HA
Bankers: National Westminster Bank plc, High Street, Newport, NP20 1GG
Solicitors: Robert Davies Partnership LLP, Wentwood House, Langstone Business Village, Newport, NP18 2HJ
Temple Bright LLP, 29 Great George Street, Bristol, BS1 5QT
Investment Managers: Charles Stanley & Co. Ltd, 7/8 Park Place Cardiff CF10 3DP

Trustees' responsibilities in relation to the financial statements

The Trustees (who are also directors of St David's Foundation Hospice Care for the purposes of company law) are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and the group and of the incoming resources and application of resources, including the income and expenditure, of the charitable group for that period. In preparing these financial statements the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgments and estimates that are reasonable and prudent;
- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and the group and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Internal controls over all forms of commitment and expenditure continue to be refined to improve efficiency. Processes are in place to ensure that performance is monitored and that appropriate management information is prepared and reviewed regularly by both the Senior Management Team and the Board of Trustees. The systems of internal control are designed to provide reasonable, but not absolute assurance against material misstatement or loss.

They include:

- A strategic plan and annual budget approved by the Trustees;
- Regular consideration by the Trustees of financial results, variances from budgets, non-financial performance indicators and benchmarking reviews;
- Delegation of day to day management authority and segregation of duties;
- Identification and management of risks.

Statement of disclosure to our auditors

So far as the Trustees are aware, there is no relevant audit information of which the hospice's auditors are unaware, and they have taken all the steps that they ought to have taken as Trustees in order to make themselves aware of any relevant audit information and to establish that the hospice's auditors are aware of that information.

In approving this Trustees' Report, the Trustees are also approving the Strategic Report (which comprises the three sections *Achievements and performance*, *Financial review* and *Plans for future periods*) in their capacity as company directors.

Approved by the Board of Trustees on 26 September 2019.



Mrs K.E. Saysell
Company Secretary
Registered Office
St David's Hospice Care
Blackett Avenue
Newport
NP20 6NH

INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF ST DAVID'S FOUNDATION HOSPICE CARE

YEAR ENDED 31 MARCH 2019

We have audited the financial statements of St David's Foundation Hospice Care for the year ended 31 March 2018 which comprise the Statement of Financial Activities, Balance Sheet and the related notes. The financial reporting framework that has been applied in their preparation is applicable law and the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

This report is made solely to the charity's members, as a body, in accordance with Chapter 3 Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charity's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's members as a body for our audit work, for this report, or for the opinions we have formed.

RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND AUDITOR

As explained more fully in the Trustees' Responsibilities Statement, the Trustees (who are also directors of the company for the purpose of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view. Our responsibility is to audit and express an opinion on the financial statements in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's Ethical Standards for Auditors.

SCOPE OF THE AUDIT OF THE FINANCIAL STATEMENTS

An audit involves obtaining evidence about the amounts and disclosures in the financial statements sufficient to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or error. This includes an assessment of: whether the accounting policies are appropriate to the company's circumstances and have been consistently applied and adequately disclosed; the reasonableness of significant accounting estimates made by the Trustee; and the overall presentation of the financial statements. In addition, we read all the financial and non-financial information in the annual report to identify material inconsistencies with the audited financial statements and to identify any information that is apparently materially incorrect based on, or materially inconsistent with, the knowledge acquired by us in the course of performing the audit. If we become aware of any apparent material misstatements or inconsistencies, we consider the implications for our report.

OPINION ON FINANCIAL STATEMENTS

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company and its group affairs as at 31 March 2019 and of its incoming resources and application of resources,

including its income and expenditure, for the year then ended;

- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

OPINION ON OTHER MATTERS PRESCRIBED BY THE COMPANIES ACT 2006

In our opinion the information given in the Trustees' Report for the financial year for which the financial statements are prepared is consistent with the financial statements.

MATTERS ON WHICH WE ARE REQUIRED TO REPORT BY EXCEPTION

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of Trustee' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.



STEPHEN JOHN BICKERTON FCCA

Senior Statutory Auditor

For and on behalf of

ADVANTAGE ACCOUNTANCY & ADVISORY LTD

Chartered Certified Accountants & Statutory Auditor

Carlyle House
5-7 Cathedral Road
Cardiff
CF11 9HA

CONSOLIDATED STATEMENT OF FINANCIAL ACTIVITIES (Including Income & Expenditure Account)

YEAR ENDED 31 MARCH 2019

		Unrestricted funds 2019 £000	Restricted funds 2019 £000	Total funds 2019 £000	Unrestricted funds 2018 £000	Restricted funds 2018 £000	Total funds 2018 £000
	Note						
Income							
Donations and legacies	3	2,256	92	2,348	1,285	116	1,401
Charitable activities	4	2,105	-	2,105	2,074	-	2,074
Other trading activities	5	4,381	-	4,381	4,145	-	4,145
Investments	6	29	-	29	21	-	21
Other		3	-	3	3	-	3
Total Income		8,774	92	8,866	7,528	116	7,644
Expenditure							
Raising funds	8	3,387	2	3,389	3,126	-	3,126
Charitable activities	10	4,524	57	4,581	4,477	71	4,548
Total expenditure		7,911	59	7,970	7,603	71	7,674
Net gains / (losses) on investments	14	4	-	4	7	-	7
Net income		867	33	900	(68)	45	(23)
Transfers between funds	21	14	(14)	-	4,140	(4,140)	-
Net movement in funds		881	19	900	4,072	(4,095)	(23)
Reconciliation of funds:							
Total funds brought forward	21	11,296	16	11,312	7,224	4,111	11,335
Total funds carried forward		12,177	35	12,212	11,296	16	11,312

BALANCE SHEETS

YEAR ENDED 31 MARCH 2019

		Group 2019 £000	Group 2018 £000	Charity 2019 £000	Charity 2018 £000
	Note				
FIXED ASSETS					
Tangible assets	13	8,977	9,102	9,124	9,250
Investments	14	314	301	314	301
		9,291	9,403	9,438	9,551
CURRENT ASSETS					
Stock and work in progress	16	34	37	1	2
Debtors	17	1,000	545	1,074	532
Cash at bank and in hand	18	2,498	2,109	2,487	2,105
		3,532	2,691	3,562	2,639
LIABILITIES					
Creditors: Amounts falling due within one year	19	610	775	640	723
NET CURRENT ASSETS		2,922	1,916	2,922	1,916
TOTAL ASSETS LESS CURRENT LIABILITIES		12,213	11,319	12,360	11,467
Creditors: Amounts falling due after more than one year	20	1	7	1	7
TOTAL NET ASSETS		12,212	11,312	12,359	11,460
THE FUNDS OF THE CHARITY					
Restricted income funds	21	35	16	35	16
Unrestricted income funds	21	12,177	11,296	12,324	11,444
TOTAL CHARITY FUNDS		12,212	11,312	12,359	11,460

Signed and authorised for issue on behalf of the Board of Trustees



Mr M Davies OBE CStJ

Approved and authorised for issue by the Board on 26 September 2019.

CONSOLIDATED STATEMENT OF CASH FLOWS

YEAR ENDED 31 MARCH 2019

	Note	2019 £000	2018 £000
Cash flows from operating activities			
Net cash provided by operating activities	A	560	682
Cash flows from investing activities			
Dividends, interest and rents from investments		29	21
Purchase of property, plant and equipment		(164)	(543)
Purchase of investments		(9)	(7)
Net cash used in investing activities		(144)	(529)
Cash flows from financing activities			
Repayment of finance leases		(21)	(21)
Finance lease interest paid		(6)	(7)
Cash inflows from new finance lease		-	2
Net cash used in financing activities		(27)	(26)
Change in cash and cash equivalents in the reporting period		389	127
Cash and cash equivalents at the beginning of the reporting period		2,109	1,982
Cash and cash equivalents at the end of the reporting period	B	2,498	2,109

NOTES TO THE CONSOLIDATED CASH FLOW STATEMENT**A Reconciliation of net income to net cash flow from operating activities**

	2019 £000	2018 £000
Net income for the reporting period (as per the Statement of Financial Activities)	900	(23)
Adjustments for:		
Depreciation charges	290	259
(Gains)/losses on investments	(4)	(7)
Dividends, interest and rents from investments	(29)	(21)
Interest payable	6	7
Profit on the disposal of fixed assets	(1)	-
Decrease in stocks	3	3
(Increase) / decrease in debtors	(455)	808
(Increase) in creditors	(150)	(344)
Net cash provided by operating activities	560	682

CONSOLIDATED STATEMENT OF CASH FLOWSYEAR ENDED 31 MARCH 2019

B Analysis of cash and cash equivalents

	2019	2018
	£000	£000
Cash in hand	993	602
Notice deposits (less than 3 months)	1,505	1,507
Total cash and cash equivalents	2,498	2,109

1. Accounting policies

Basis of Accounts Preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The hospice meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

All financial information is rounded to the nearest £1000 except for the Trustees' expenses set out in note 28 and the subsidiary undertaking table in note 14.

Group financial statements

The financial statements consolidate the results of the hospice and its wholly owned subsidiary St David's Trading Limited on a line by line basis. A separate *Statement of financial activities and income and expenditure account* for the hospice has not been presented because the hospice has taken advantage of the exemption afforded by section 408 of the Companies Act 2006.

Income

Income arises when an event (such as a financial transaction) results in either an increase in the hospice's assets or a reduction in its liabilities. Income is recognised by the hospice when all of the following criteria are met:

- Entitlement – control over the rights or other access to the economic benefit has passed to the hospice.
- Probable – it is more likely than not that the economic benefits associated with the event will flow to the hospice.
- Measurement – the monetary value or amount of the income can be measured reliably and the costs incurred for the transaction and the costs to complete the transaction can be measured reliably.

Legacies

Entitlement to legacy income is deemed to occur when either the hospice is aware probate has been granted, the estate has been finalised and the hospice has been notified by the executor that a distribution will be made or when a distribution is received from the estate if that is earlier.

Where legacies have been notified to the hospice or the hospice is aware of the granting of probate, and the criteria for income recognition have not been met, then the legacy is treated as a contingent asset. This most commonly occurs when the hospice has been notified of residuary legacy but it is unable to reliably measure the amount of the income.

Grants

Grants are recognised when the hospice has entitlement to the funds. This includes grants received for the purpose of purchasing fixed assets. When a grant cannot be claimed until certain expenditure has been defrayed entitlement is not deemed to have passed to the hospice until the expenditure has been so defrayed.

Fundraising events

Fundraising income from the sale of entry fees for events is included in income when received even if this is before the event. The likelihood of cancellation of the event is remote so it is more likely than not that the economic benefit will flow to the hospice.

Donations that are closely associated with fundraising events such as sponsorship of event participants by their friends and family are included in fundraising within other trading activities.

Retail

The hospice receives a high volume of donations of low value second hand goods for resale in its network of charity shops. The Trustees consider it would be impracticable to recognise the income when the hospice becomes entitled to the economic benefit of the donated goods since the cost of doing so would outweigh the benefits. Therefore in accordance with FRS102 paragraph 34B.4 the income is recognised in the period in which the donated goods are sold.

The hospice operates a retail gift aid scheme. Under the scheme the legal form of the transaction is that the hospice operates as an agent on behalf of the donor. Once the goods have been sold on behalf of the donor, the donor offers to donate the proceeds of the sale to the hospice. This allows the hospice to claim gift aid on the cash donation. However the substance of the transaction is such that the donor is donating the goods to the hospice and is therefore treated as such.

NOTES TO THE FINANCIAL STATEMENTSYEAR ENDED 31 MARCH 2019

Lottery

Lottery tickets sold in advance are deferred and included in the period in which the draw takes place.

Expenditure

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

Irrecoverable VAT

The hospice suffers from irrecoverable VAT due to the fact that it makes exempt supplies and therefore not all input VAT is recoverable. This is written off to the Statement of Financial Activities in the period in which it arises. Under sections 33C and 33D of the VAT Act 1994 the hospice can recover the VAT on its non-business transactions.

Support costs

Support costs are those costs that whilst necessary to deliver an activity, do not themselves produce or constitute the output of the charitable activity. These costs include Governance, Finance, Human resources, ICT and Health and Safety as well as corporate costs including the costs of employing the Chief Executive, financing costs, insurance and legal and professional fees.

Where these costs are directly attributable to specific activities they have been included in those cost categories. Where these costs are attributable to more than one activity they are apportioned across cost categories on the basis of direct staff hours. The Trustees consider this to be the most equitable method of splitting expenditure attributable to more than one activity.

Pensions

Details of the pension schemes including the accounting policies adopted can be found in note 25.

Termination payments

Termination payments are payable when employment is terminated by the hospice before the normal retirement date or end of employment contract. Termination payments are recognised when the hospice can no longer withdraw the offer of the benefits.

Fixed assets***Intangible fixed assets***

Negative goodwill arising from business acquisitions is capitalised and amortised over 2 years.

Tangible fixed assets

Tangible fixed assets are recorded at cost, or in cases where fixed assets have been donated to the hospice, at valuation at time of acquisition. Fixed assets with an initial cost of less than £1,000 are not capitalised but are included in full in expenditure in the year of acquisition. Depreciation is charged to write off the cost of fixed assets over their estimated useful lives at the following annual rates:

Freehold buildings	2% Straight Line
Leasehold buildings	Life of Lease Straight Line (current leasehold buildings have a 99 year lease)
Fixtures, fittings and equipment	20% Straight Line
Computer equipment	33% Straight Line
Motor vehicles	20% Straight Line

Computer equipment is included within fixtures, fittings and equipment in note 13.

Investments***Investment properties***

Investment properties are included in the balance sheet at fair value. The hospice arranges a valuation by an independent valuer every five years. The next independent valuation will be at 31 March 2023.

Listed investments

Listed investments held are shown at fair value which is their market value.

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2019

Stock

Stock consists of purchased goods for resale. Stocks are valued at the lower of cost and net realisable value. Donations of low value second hand goods that remain unsold at the balance sheet date are not included in stock since they are recognised when sold as set out above.

Funds structure

The hospice's funds are split into restricted funds and unrestricted funds.

Restricted funds

These are funds that can only be used for a particular restricted purposes within the objects of the hospice.

Restrictions arise when they are specified by the donor or when funds are raised for particular restricted purposes.

Unrestricted funds

These funds are available for the general purposes of the hospice, to be used in accordance with the charitable objects at the discretion of the Trustees. From time to time the Trustees may allocate part of the unrestricted funds to be used for particular purposes within the hospice's objects. Such sums are described as 'designated funds'.

2. Auditor's remuneration

The net income for the year is stated after charging:

	Unrestricted funds 2019 £000	Restricted funds 2019 £000	Total funds 2019 £000	Unrestricted funds 2018 £000	Restricted funds 2018 £000	Total funds 2018 £000
Statutory audit fees	9		9	9	-	9
Other services	1	-	1	-	-	-

3. Donations and legacies

	Unrestricted funds 2019 £000	Restricted funds 2019 £000	Total funds 2019 £000	Unrestricted funds 2018 £000	Restricted funds 2018 £000	Total funds 2018 £000
Legacies	1,188	-	1,188	272	1	273
In memory	335	20	355	331	2	333
Individuals	313	12	325	302	8	310
Corporate, clubs and societies	76	-	76	65	27	92
Trusts and foundations	40	54	94	51	52	103
Welsh Government	26	-	26	27	-	27
Community fundraising	278	6	284	237	26	263
	2,256	92	2,348	1,285	116	1,401

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2019

4. Income from charitable activities

	Unrestricted funds 2019 £000	Restricted funds 2019 £000	Total funds 2019 £000	Unrestricted funds 2018 £000	Restricted funds 2018 £000	Total funds 2018 £000
Service level agreements	1,724	-	1,724	1,686	-	1,686
Continuing health care	321	-	321	349	-	349
Other charitable activities	60	-	60	39	-	39
	2,105	-	2,105	2,074	-	2,074

5. Income from other trading activities

	Unrestricted funds 2019 £000	Restricted funds 2019 £000	Total funds 2019 £000	Unrestricted funds 2018 £000	Restricted funds 2018 £000	Total funds 2018 £000
Retail trading	3,508	-	3,508	3,237	-	3,237
Fundraising	491	-	491	528	-	528
Lottery	382	-	382	380	-	380
	4,381	-	4,381	4,145	-	4,145

6. Income from investments

	Unrestricted funds 2019 £000	Restricted funds 2019 £000	Total funds 2019 £000	Unrestricted funds 2018 £000	Restricted funds 2018 £000	Total funds 2018 £000
Interest received	16	-	16	10	-	10
Rent from investment property	4	-	4	4	-	4
Dividend income	9	-	9	7	-	7
	29	-	29	21	-	21

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2019

7. Support costs

The hospice allocates its support costs as shown in the table below in accordance with the basis of allocation set out in the accounting policies.

	Governance £000	Corporate £000	Finance £000	HR £000	Health and Safety £000	ICT £000	Total £000
Raising funds							
Retail trading	18	63	42	35	17	11	186
Fundraising	2	7	5	4	2	1	21
Lottery	1	3	2	1	1	-	8
Investment management	-	-	-	-	-	-	-
Charitable activities							
Community Nursing	6	19	14	10	5	3	57
Hospice At Home	8	30	21	15	8	4	86
Day Hospice	2	8	6	4	2	1	23
In-Patient Unit	8	30	21	15	8	4	86
Education	-	1	1	-	-	-	2
Family Support Team	2	6	5	3	2	1	19
Complementary Therapy	1	2	1	1	-	-	5
Clinical Governance	-	-	-	-	-	-	-
	48	169	118	88	45	25	493

8. Expenditure on raising funds by cost type

	Direct costs 2019 £000	Support costs 2019 £000	Total costs 2019 £000	Direct costs 2018 £000	Support costs 2018 £000	Total costs 2018 £000
Retail trading	2,368	186	2,554	2,226	167	2,393
Fundraising	573	21	594	475	20	495
Lottery	229	8	237	224	7	231
Investment management	4	-	4	7	-	7
	3,174	215	3,389	2,932	194	3,126

9. Expenditure on raising funds by fund

	Unrestricted funds 2019 £000	Restricted funds 2019 £000	Total costs 2019 £000	Unrestricted funds 2018 £000	Restricted funds 2018 £000	Total costs 2018 £000
Retail trading	2,552	2	2,554	2,393	-	2,393
Fundraising	594	-	594	495	-	495
Lottery	237	-	237	231	-	231
Investment management	4	-	4	7	-	7
	3,387	2	3,389	3,126	-	3,126

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10. Expenditure on charitable activities by cost type

	Direct costs	Support costs	Total costs	Direct costs	Support costs	Total costs
	2019	2019	2019	2018	2018	2018
	£000	£000	£000	£000	£000	£000
Community Nursing	981	57	1,038	937	50	987
Hospice At Home	1,095	86	1,181	1,123	82	1,205
Day Hospice	417	23	440	393	23	416
In-Patient Unit	1,436	86	1,522	1,461	78	1,539
Education	69	2	71	71	2	73
Family Support Team	237	19	256	241	18	259
Complementary Therapy	52	5	57	49	3	52
Clinical Governance	16	-	16	17	-	17
	4,303	278	4,581	4,292	256	4,548

11. Expenditure on charitable activities by fund

	Unrestricted funds	Restricted funds	Total funds	Unrestricted funds	Restricted funds	Total funds
	2019	2019	2019	2018	2018	2018
	£000	£000	£000	£000	£000	£000
Community Nursing	1,037	1	1,038	986	1	987
Hospice At Home	1,177	4	1,181	1,205	-	1,205
Day Hospice	438	2	440	411	5	416
In-Patient Unit	1,509	13	1,522	1,511	28	1,539
Education	71	-	71	73	-	73
Family Support Team	219	37	256	222	37	259
Complementary Therapy	57	-	57	52	-	52
Clinical Governance	16	-	16	17	-	17
	4,524	57	4,581	4,477	71	4,548

12. Intangible fixed assets

	Negative goodwill
	£000
Asset cost	
Brought forward	(278)
Additions	-
Carried forward	(278)
Accumulated amortisation	
Brought forward	(278)
Carried forward	(278)
Net book value	
Carried forward	-
Brought forward	-

Negative goodwill arose following the acquisition of St Anne's In-Patient Unit in June 2013.

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YEAR ENDED 31 MARCH 2019

13. Tangible fixed assets**Group**

	Freehold land and buildings £000	Leasehold land and buildings £000	Motor vehicles £000	Fixtures, fittings and equipment £000	Total £000
Asset cost					
Brought forward	234	8,635	238	1,552	10,659
Additions	-	-	-	165	165
Disposals	-	-	(26)	(16)	(42)
Carried forward	234	8,635	212	1,701	10,782
Accumulated depreciation					
Brought forward	41	263	157	1,096	1,557
Disposals	-	-	(26)	(16)	(42)
Charge for the year	4	91	25	170	290
Carried forward	45	354	156	1,250	1,805
Net book value					
Carried forward	189	8,281	56	451	8,977
Brought forward	193	8,372	81	456	9,102

Company

	Freehold land and buildings £000	Leasehold land and buildings £000	Motor vehicles £000	Fixtures, fittings and equipment £000	Total £000
Asset cost					
Brought forward	234	8,788	238	1,552	10,812
Additions	-	-	-	165	165
Disposals	-	-	(26)	(16)	(42)
Carried forward	234	8,788	212	1,701	10,935
Accumulated depreciation					
Brought forward	41	268	157	1096	1,562
Disposals	-	-	(26)	(16)	(42)
Charge for the year	4	92	25	170	291
Carried forward	45	360	156	1,250	1,811
Net book value					
Carried forward	189	8,428	56	451	9,124
Brought forward	193	8,520	81	456	9,250

The fixed assets of the hospice includes £60,000 (2018 - £61,000) under Leasehold land and buildings which relate to depreciated, capitalised cost of services provided to the hospice by its subsidiary for the construction of the Blackett Avenue site. In the year depreciation of £1,000 (2018 - £1,000) has been charged against this asset.

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2019

The fixed assets of the hospice also includes £86,000 (2018 - £87,000) under Leasehold land and buildings which relate to capitalised cost of services provided to the hospice by its subsidiary for the construction of the In-Patient Unit. In the year depreciation of £1,000 (2018 - £1,000) has been charged against this asset.

Included in Fixtures, fittings and equipment are assets that were acquired under finance leases with a net book value of £10,000 (2018 - £29,000).

14. Investments**Group and company**

	Property £000	Listed £000	Total £000
Fair value brought forward	65	236	301
Additions	-	9	9
Gains / (Losses)	-	4	4
Fair value carried forward	65	249	314

Listed investments comprise an investment portfolio managed by an independent investment manager and listed investments held outside the investment portfolio. Cash held from time to time within the investment portfolio as part of normal trading within the portfolio is included in listed investments. The asset classes held in listed investments at 31 March 2019 are shown below:

	2019 £000	2018 £000
Fixed income	34	38
UK equity	73	71
International equity	89	77
Property funds	11	10
Absolute return funds	10	10
Infrastructure funds	11	10
Mixed investment	9	9
Cash	10	9
Held within investment portfolio	247	234
Listed equity held outside investment portfolio	2	2
Total listed investments	249	236

The hospice owns the entire ordinary share capital in its subsidiary undertaking St David's Trading Limited (company number 05734138). This unlisted investment cannot be measured reliably at fair value so has been measured at cost.

	Subsidiary undertaking £
Group	
Cost brought forward and carried forward	-
Charity	
Cost brought forward and carried forward	1

15. Subsidiary company

St David's Trading Limited, the hospice's wholly owned subsidiary undertakes two core activities: the sale of new, bought in goods within the hospice's network of charity shops and the development of a new In-Patient Unit. The development of the new

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2019

In-Patient Unit is now complete. Profits in St David's Trading Limited are remitted to the hospice by way of a gift aid payment. At 31 March 2019 St David's Trading Limited had assets of £100,000 (2018 - £172,000) and liabilities of £100,000 (2018 - £172,000). Its funds at the end of the reporting period were therefore £nil (2018 - £nil). The turnover during the year was £182,000 (2018 - £634,000) and expenditure was £182,000 (2018 - £634,000).

16. Stock

	Group 2019 £000	Group 2018 £000	Charity 2019 £000	Charity 2018 £000
Stock	34	37	1	2
	34	37	1	2

17. Debtors

	Group 2019 £000	Group 2018 £000	Charity 2019 £000	Charity 2018 £000
Trade debtors	114	103	114	103
Amounts owed by group undertakings	-	-	-	-
Prepayments and accrued income	800	329	874	339
Other debtors	86	113	86	90
	1,000	545	1,074	532

18. Cash at bank and in hand

	Group 2019 £000	Group 2018 £000	Charity 2019 £000	Charity 2018 £000
Cash and bank balances	993	602	982	598
Cash on short term deposit	1,505	1,507	1,505	1,507
	2,498	2,109	2,487	2,105

19. Creditors: Amounts falling due within one year

	Group 2019 £000	Group 2018 £000	Charity 2019 £000	Charity 2018 £000
Trade creditors	171	311	161	175
Amounts owed to group undertakings	-	-	43	87
Accruals and deferred income	297	289	295	287
Taxation and social security	87	93	87	93
Obligations under finance leases	5	20	5	20
Pension liability	38	48	38	48
Other creditors	12	14	11	13
	610	775	640	723

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YEAR ENDED 31 MARCH 2019

20. Creditors: Amounts falling due after one year

	Group 2019 £000	Group 2018 £000	Charity 2019 £000	Charity 2018 £000
Accruals and deferred income	-	-	-	-
Obligations under finance leases	1	7	1	7
	1	7	1	7

21. Movement in funds

	Balance at 1 April 2018 £000	Income £000	Expenditure £000	Gains and losses £000	Transfers £000	Balance at 31 March 2019 £000
UNRESTRICTED FUNDS						
General fund	11,184	8,774	(7,911)	4	126	12,177
Designated: IPU new build	112	-	-	-	(112)	-
Total unrestricted funds	11,296	8,774	(7,911)	4	14	12,177
RESTRICTED FUNDS						
Children in Need - Unicorn	5	36	(36)	-	-	5
Community Choir	-	1	(1)	-	-	-
Friends of St Anne's	-	6	(6)	-	-	-
Hoist - Welsh Church						
Fund	1	-	-	-	-	1
Hospice at Home general	-	3	(3)	-	-	-
Hospice at Home (Monmouthshire)	2	-	-	-	-	2
In-Patient Unit general	-	7	(7)	-	-	-
Music equipment and coaching	-	1	(1)	-	-	-
Panteg garden furniture	1	-	-	-	-	1
Patient vehicle	2	-	-	-	-	2
Room Sponsorship for new IPU	-	10	-	-	(10)	-
Social worker fund	3	-	(1)	-	-	2
Trevor Gray Education Centre	-	13	-	-	(4)	9
Unicorn Project	-	1	(1)	-	-	-
Usk House Day Hospice general	-	10	-	-	-	10
Volunteer Coordinator	-	5	(5)	-	-	-
Other restricted funds	2	(1)	2	-	-	3
Total restricted funds	16	92	(59)	-	(14)	35
Total funds	11,312	8,866	(7,970)	4	-	12,212

During the year the balance of certain restricted funds were transferred to unrestricted funds. The original use of these funds was restricted to the purchase of fixed assets. Since the assets are held for a general and not a restricted purpose the balance has been transferred to unrestricted funds in accordance with Charities SORP (FRS 102) paragraph 2.26.

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2019

Name of Fund	Description, nature and purpose of the fund
Unrestricted funds	
General fund	The undesignated unrestricted funds of the hospice.
Designated: IPU new build	Fund designated by the Trustees to part fund the construction of the new In-Patient Unit.
Restricted funds	
Children in Need - Unicorn	Provided by Children in Need to fund the Unicorn Children and young people's service.
Community Choir	Provided by The Big Lottery and other funders to support our Community Choir.
Friends of St Anne's	Provided by the charity "The Friends of St Anne's" to support our work in the St Anne's In-patient Unit.
Hoist - Welsh Church Fund	Provided by Welsh Church Fund to fund a hoist.
Hospice at Home general	Funded from various sources to support the Hospice At Home service.
Hospice at Home (Monmouthshire)	Funded by the Deymel Charitable Trust to support our Hospice at Home work in Monmouthshire.
In-Patient Unit general	Funded from various sources to support our work in the In-Patient Unit.
Music equipment and coaching	To provide music equipment and coaching for our community choir.
Panteg garden furniture	To fund the re-development of the garden at Panteg.
Patient vehicle	Provided by Caldicot Methodist Church and MonMotors Limited to purchase a vehicle for transporting patients.
Room sponsorship for new IPU	To fund the construction of the new In-Patient Unit and the equipment for the new unit.
Social worker fund	This fund received from various sources is used to support patients who are facing financial hardship.
Trevor Gray Education Centre	Provided to fund an e-learning suite and staff training.
Unicorn project	Fund to support the Unicorn project. Provided by various funders.

NOTES TO THE FINANCIAL STATEMENTS

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Name of Fund	Description, nature and purpose of the fund
Usk House Day Hospice general	Funded from various sources to support our work in Usk House Day Hospice.
Volunteer Coordinator	Funded by WCVA to support the salary of a volunteer Coordinator.
Other restricted funds	Other restricted funds with balances less than £500.

22. Analysis of group net assets between funds

	Investments £000	Tangible fixed assets £000	Other net assets £000	Total £000
Restricted income funds	-	-	35	35
Unrestricted income funds	314	8,977	2,886	12,177
	314	8,977	2,921	12,212

23. Commitments

The group and company's future minimum operating and finance lease payments are as follows:

	Finance leases		Operating leases	
	2019 £000	2018 £000	2019 £000	2018 £000
Not later than one year	8	26	459	457
later than one year but not later than five years	2	9	842	822
later than five years	-	-	-	53
	10	35	1,301	1,332

The net book value of fixed assets held under finance lease are given in note 13.

The group entered into a non-cancellable contractual commitment to spend £3,716,000 on the construction of the new In-Patient Unit. Practical completion on the project was achieved on 20 March 2017. The final certificate was issued by the architects on 4 May 2017 and patients were admitted to the unit in the following month. The trustees believe there is no further material commitment under the contract.

24. Staff costs

	Total 2019 £000	Total 2018 £000
Wages and salaries	4,468	4,299
Social security costs	341	335
Pension costs	277	265
	5,086	4,899

Included in Wages and salaries are termination payments of £5,000 (2018 - £10,000).

NOTES TO THE FINANCIAL STATEMENTS

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The number of employees, whose total employee benefits (excluding employer pension costs) for the reporting period, fell within each banding of £10,000 from £60,000 were as follows:

	2019	2018
£60,001 - £70,000	1	1
£70,001 - £80,000	-	-
£80,001 - £90,000	-	-
£90,001 - £100,000	-	1
£100,001 - £110,000	1	-

25. Pensions

The hospice contributed to two pension schemes in the financial year: the Royal London scheme and the NHS pension scheme.

Royal London scheme

The hospice operates a defined contribution pension scheme for its employees, where all the assets are held in a separately administered fund, which is outside the control of the hospice. At the year-end there were 162 (2018 - 168) employees who were members of the scheme. Employer contributions charged against income in the year were £115,000 (2018 - £108,000). Outstanding contributions (both employer and employee) at the balance sheet date were £15,000 (2018 - £25,000).

Employees who are enrolled into a pension under "automatic enrolment" are enrolled into this scheme.

NHS scheme

Staff transferring from the NHS may continue to contribute to the NHS scheme. The scheme is a multi-employer, unfunded defined benefit scheme but the hospice is unable to identify its share of the underlying assets and liabilities of the Plan on a consistent and reasonable basis and therefore, as permitted by FRS 102 para 28.11, it accounts for the Plan as if it were a defined contribution scheme. As a result, the amount charged to the income and expenditure account represents the hospice's contributions payable to the Plan in respect of the accounting period. The employee contribution percentage rates under this scheme vary depending on pensionable earnings. At the year end there were 35 (2018 - 35) who were members of the scheme. Employer contributions charged against income in the year were £164,000 (2018 - £156,000). Outstanding contributions (both employer and employee) at the balance sheet date were £23,000 (2018 - £23,000 owed to the hospice for overpaid contributions).

26. Staff numbers

The average number of staff employed by the hospice during the year was 273 (2018 - 267). Some of the hospice's employees do not undertake work every month. The average number of staff paid each month was 253 (2018 - 250).

27. Key management personnel

The key management personnel comprise the Trustees and the Senior Management Team as set out on page 13. None of the Trustees were paid any remuneration or received any other benefits from an employment with the hospice or its subsidiary. Trustees' expenses are set out in note 28. The total employee benefits paid to the key management personnel was £389,000 (2018 - £377,000).

28. Trustees' expenses

No Trustee claimed expenses in the previous two years.

29. Related party transactions

There were no related party transactions in the previous two years.

30. Legal status of the hospice

St David's Foundation Hospice Care is a company limited by guarantee, not having a share capital, exempt from the requirement to use the word "limited" and is a registered charity. The liability of each member in the event of a winding-up is limited to £1.

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2019

31. Taxation

The company has obtained charitable status under Section 505(1a) and (1c) Income and Corporation Taxes Act 1988 and has only undertaken primary purpose activities during the year and is therefore exempt from Corporation Tax.