

## Day Centre

**On Friday we go to Day Centre  
Picked up by Reg, Chris or Clive  
They all are so very helpful  
And see that we safely arrive**

**It's hard when you're living alone  
And don't see a soul all day  
To go and be met by Denise and the girls  
They are like sunshine rays**

**Pam brings us a tea or a coffee  
And some currant buns or toast  
Then we sit together chatting  
With the staff that we like the most**

**Now is the famous quiz with Clive  
Which helps our brains to work  
We have to pay close attention  
And are told "we must not shirk"**

**Denise is so helpful in every way  
Our troubles to her we can take  
She checks anything we are worried about  
And appointments we have to make**

**Julie has taught us many a craft  
Which we have all enjoyed  
Painting, sewing and making cards  
We feel we've become employed**

**Alison helps with everything  
And Gareth and Co. do their share  
Of helping our bodies be comfortable  
And our minds to surely repair**

**So we'd like to say thank you to everyone  
For the time that you give us, and share  
Thanks to all at St. David's,  
It's wonderful knowing you're there.**