St David’s Hospice Care is delighted to have received planning consent for a new 15 bedded in-patient hospice behind the current day hospice and chemotherapy outreach centre at Blackett Avenue, Newport.

This development will replace the existing St Anne’s 10-bed unit.

St David’s Hospice Care’s aim is to ensure that patients and families have the choice as to where they receive their care.

We are totally committed to community care provision and our Hospice at Home service, but recognise that some patients need a short time in an in-patient hospice and a modern facility being proposed is no less than they deserve.

The proposed new single-storey building would be linked to the current day hospice at Blackett Avenue by a corridor. It will have 15 en-suite bedrooms, with each room leading onto a terraced area overlooking a proposed garden to be used by patients and visitors. The new facility will also benefit from a social hub/community café, and 50 car parking spaces are proposed.

The land for the new facility was very kindly gifted to St David’s Hospice Care by Newport City Council and construction is earmarked to start early 2016.

Funding of £3 million has been secured from Welsh Government for the construction of the new build and we are extremely grateful to the Welsh Government and Newport City Council for their continued support of our charity and to hospice care in the local area.

St David’s Hospice Care has also been working very closely with Aneurin Bevan University Health Board to ensure that together we can deliver the very best palliative and end of life care for the whole community.

Over the coming months we will be developing an operational plan to ensure the smooth delivery of the service and also to ensure the success of the new hospice.

We hope to develop many new volunteering opportunities and are looking forward to working closely with the local community and our supporters.
From our chairman

I never cease to be amazed how everyone involved in St David’s Hospice Care rises to new challenges each year and still manages to maintain our mainstream services and support mechanisms. Last year, we consolidated the running of the St Anne’s Hospice and made considerable headway in preparing for the new larger modern hospice in Malpas. We also continued to run all our services at generally slightly higher figures than the previous year. I am extremely proud to be part of an organisation where its workforce and army of volunteers enable us to excel in all we do.

Malwyn Davies CStJ
Chairman

A welcome from Emma Saysell

A real highlight of the past year was news that St David’s Hospice Care had been granted planning permission to build an in-patient hospice on the ground to the rear of our superb day centre in Newport. Gaining that permission is only really the first stage of our journey to realising our long-held dream of having a day and in-patient hospice sharing a site. Now we have the very real prospect of being able to offer the same excellent level of care that our in patients have received over many years at St Anne’s Hospice, here at Blackett Avenue, in Malpas. But let us be in doubt there is a long road ahead and much money to be raised to pay for the project before we get to open the doors to this longed for centre.

We are now in the process of going out to various funding bodies in the hope that we will be able to raise the money needed to deliver this hugely important project for Newport. We remain completely committed to providing care in the community but we also realise that people require inpatient hospice service as we have offered at the excellent unit at St Anne’s over the years and of course none of what we do, which is immensely valued by our patients, their families, carers, friends and relatives, could happen without the fantastic support we get from our board, staff, volunteers, fundraisers, corporate backers and supporters. They are all truly remarkable.

We also remain immensely grateful to the Welsh Government, the Aneurin Bevan University Health Board and Newport City Council for their continued and unerring support.

Everyone who raises funds for us are magnificent and we simply could not offer the level of care that we do without their unstinting efforts throughout the year. So once more, I say thank you to each and everyone from the bottom of my heart.

Emma Saysell, MBE
CEO/Director of Nursing

Get in touch

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www.stdavidshospicecare.org

Email: enquiries@stdavidshospicecare.org

Twitter: @SDFHC

We are also on Facebook

Registered Charity No: 1010576

Bringing care home

Our lottery...

By joining our lottery, you will have a chance of winning one of 24 great prizes – every week!

And although it’s still just £1 a week to you, to our patients, it’s a priceless gift.

You can play online – select how many numbers you would like to purchase at £1 each per week and the payment frequency. You will be re-directed to our secure online payment system.

Note: monthly payments are adjusted to account for when there are five weeks in the month.

Numbers  1  2
Paid Monthly £4.34 £8.68
Paid Quarterly £13 £26
Half Yearly £26 £52
Paid Annually £52 £104

Your £1 will buy you a unique lottery number to enter into our weekly draw, where you can be in with a chance of winning:

• £1,500 first prize
• £500 second prize
• £250 third prize
• £50 fourth prize
• Plus 20 prizes of £10

You must be 16 or older to take part in the Lottery. It is simple to join and no scratching around searching for tickets to check – we contact you when you win!
Our people

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Sir Richard Hanbury-Tenison, KCVO

Vice Presidents
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Mr J Capel
Mr W Jenkyn-Jones
Mr R Noble, OBE
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Our Trustees
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Mrs Sian Lloyd
Mr Rick O’Shea
Baron Touhig
Mr J Over

St David’s Hospice Care is committed to providing bespoke, individual ‘free’ care for all our patients and their families. We work alongside patients and hope to support them at the most difficult times of their lives. Our aim is to ensure patients have choice about the care they receive, where they receive it and ensure it’s the most appropriate care for them and their family.

St David’s Hospice Care has been providing community-based hospice care for people with cancer or other life-threatening illnesses, and their families, since 1979. Care is provided to people living within Caerphilly, Monmouth, Newport, Torfaen and within certain areas of South and Mid Powys. In June 2013 St David’s Hospice Care took over the management of St Anne’s Hospice which means that, should the need arise, patients can receive care in the in-patient hospice in Newport.

The need for St David’s Hospice Care’s services continues to increase year on year and last year more than 3,200 patients and families were cared for by St David’s, more than 25 per cent of whom had a non-cancer diagnosis. Last year more than 60,000 hours of care were provided by St David’s ‘Hospice at Home’ service, enabling patients to remain in their own homes if that is their choice. More than 90 per cent of patients who received Hospice at Home care were able to die at home, or usual place of residence (UK average is 25 per cent).

St David’s Hospice Care wishes to provide our patients with real choice about where they receive their care and their place of death and, across the whole service, 68.5 per cent of patients were able to die in their usual place of residence (home or care home) if that was their choice.

Last year, more than 125 families were referred to the Unicorn Service, which enables children to receive additional support at what is probably one of the most difficult times of their lives. St David’s Hospice Care is aware that it is vitally important for children to receive appropriate bereavement support. This service is therefore not restricted to children of St David’s patients, but referrals can also be made for children who may have experienced the sudden death of a close relative.

Naturally the cost of providing such high levels of care does have financial implications for the charity. With the addition of St Anne’s Hospice it will cost St David’s Hospice Care approximately £7 million each year to provide our services and we receive less than 20 per cent of this from the NHS. In order to raise much needed funds St David’s Hospice Care has 38 charity shops, a weekly lottery, and organises many fundraising events throughout the year.

St David’s Hospice Care is indebted to the local community for their on-going support and is sincerely grateful for any financial contributions towards the work of the Charity.

How we started

‘There ought to be a place like St. Christopher’s Hospice here in Gwent’ – Student Nurses, Symposium on the Care of Dying Patients, 1977.

In 1979, Heulwen Egerton, a nurse tutor at Newport’s Royal Gwent Hospital set up the Gwent Hospice Project Group. The group was made up of like-minded individuals who were concerned at the lack of palliative care available to the people of Gwent. In its first year of operation, St David’s cared for six patients.

Services available from St David’s Hospice Care:
Clinical Nurse Specialists in Palliative Care, attached to designated GP practices; Hospice at Home service – 24-hour nursing care at home; Family support; Social workers; Welfare rights advisors; Complementary therapies; Unicorn Service – support for children; Complementary therapy out-reach clinics; 10-bed in-patient unit; Carers groups; Education; 24-hour on-call service; Specialist equipment loan; Support for care homes; Bereavement care; Soup & Support; Music therapy, Pink Cafe

“Lovely staff they help to build your confidence to face another week with a smile”
Our performance

The charitable services provided by St David's Hospice Care are given without charge to all people throughout our community with life threatening conditions who are referred to us by a health care professional and live within the areas covered by Caerphilly, Monmouthshire, Newport, Torfaen, south and mid Powys.

What we said we would do

• Merge with St Anne's Hospice and fully integrate staff, volunteers and services. Achieved
• Take over successful St Anne's Hospice in-patients unit. Achieved. The in patient unit is running very well. Developments are now beginning to be made at the unit in Malpas.
• To increase bed occupancy in St Anne's Hospice. Achieved average occupancy now 78%.
• Develop a three-year strategy involving trustees, staff, volunteers and partners. Achieved. A copy of the strategy can be found on our website www.stdavidshospicecare.org
• Strengthen our financial position. Achieved. We had a successful year with an end of year surplus

We’re getting there...

Over the next three years, St David’s Hospice Care will focus on the following six strategic priorities:

We will:

1. Further develop hospice care within Gwent

2. Increase the provision of hospice at home care within South and Mid Powys

3. Continue to increase the number of referrals from patients with a non-cancer diagnosis

4. Enable more patients to die at home, if that is their choice, across the whole service

5. Increase funds in order to support the development of service provision

6. Increase partnership working

Mission statement

To provide and continue to develop a free and comprehensive specialist palliative care service of excellence throughout the unitary authorities of Caerphilly, Monmouthshire, Newport and Torfaen and within certain areas of South and Mid Powys, for people, their families and carers, facing a progressive life-threatening illness which is no longer curable. This service recognises the needs of the whole person and is given in co-operation with other agencies. Furthermore, we aim to provide an educational resource using the special expertise and skills of St David’s Hospice Care.
Meet one of our social workers

Catherine Jane Moon, aged 35, social worker

Where do you work and how long have you worked with St David’s Hospice Care?

I work within the Family Support Team, I have worked for St David’s Hospice Care for one year.

How did you start with St David’s Hospice Care?

I was previously a social work student completing an 80-day placement at St David’s Hospice Care. Following the placement end I stayed as a volunteer in the Soup and Support Group, and following this I had some paid work through the summer period. A social work position then became available within the family support team and I applied for that and was successful.

What does your job entail?

My role involves emotional and psychological support to patients; support with housing issues and accessing appropriate housing; attending multi-agency meetings; supporting carers; offering funeral/will advice; assisting with discharge planning at St Anne’s Hospice; bereavement support; bereavement counselling; and liaising with social services and other relevant agencies.

What’s a typical day for you?

I do not have a typical day. My role is very varied, which is why I enjoy my role so much. I feel very privileged to be able to work for St David’s Hospice Care. I find my role extremely rewarding, and even challenging at times. However I always arrive at work feeling enthused by what the day will hold for me.

What has been a memorable highlight or memory for you over the years working at St David’s Hospice Care?

How well the various teams pulled together in order to achieve a positive outcome for a patient who was homeless. This gave me great pride to think we as an organisation all worked together. This included not only employed staff but also volunteers who rallied around to support a patient at such a critical time in their life.

What do you do outside work?

I am married and I have 3 dogs. I enjoy country sports, cooking and growing my own vegetables.

What three words best describe St David’s Hospice Care?

Supportive. Compassionate. Evolving.

Anything else you think we should know?

I feel palliative care social work is an integral part of the multi-disciplinary team within palliative care. I believe I am able to offer a holistic approach in supporting patients and families. Unlike many fields of social work, specialist palliative care social work can potentially involve working with a diverse range of people in terms of diagnosis, age, class, ethnicity, sexual orientation, religion and culture. I feel the combination of skills I am able to offer makes a valid contribution to a multi-disciplinary team, which ensures a positive outcome for patients, their families and carers.

I wish it would last forever... best staff... best food

Volunteer Sally Shannon

I am Sally Shannon. I’m 68 and I live in Ponthir

What volunteer job do you do?

I am assistant to the cook at Blackett Avenue, Malpas, and also volunteer at the monthly carers group. I work six hours on a Monday in the kitchen, four hours once a month at the carers group and also when needed at fund raising events.

Why do you choose to volunteer for St David’s Hospice Care?

Because I totally believe in everything they do for the patient and their family. I see the way the patients are cared for. All the best ingredients are used in the meals and a wonderful choice is provided. Nothing is too much bother if patients want something else. I feel that what I am good at is putting into practice for a wonderful reason. I also see the other side when I help at the carers group, helping with tea and homemade cake and plenty of listening and chatting. It’s a very cheerful atmosphere. We are there to show we care about what they do for their loved ones.

When did you start?

My husband and I started fundraising for St David’s Hospice Care about 30 years ago. When I retired 12 years ago I started volunteering because I wanted to be more hands on.

What’s your background?

I retired 12 years ago I started volunteering because I wanted to be more hands on.

What volunteer job do you do?

I am a retired landlady and spent 30 years cooking in the pubs we ran. Now I enjoy reading, holidays and of course I still love to cook and entertain.

What do volunteers bring to the charity?

They bring help where it is needed and that is so important. I would encourage others to be volunteers as it is so rewarding and you meet all kinds of people. Also you are helping in such a wonderful way to keep a fantastic charity that is doing so much good in a large area to do such a marvellous job.
Complementary therapy and activities manager

I am Angela Canellas-Parish. I am 43 and I am the Complementary Therapy and Activities Manager. I am based in Blackett Avenue in Newport and have been employed/worked at St David’s for just over 10 years.

What is your involvement? My main day-to-day activity involves offering patients complementary therapies. I offer massage, Reiki and reflexology. I will often be visiting patients at home who may be too unwell to attend our clinics, and I also offer treatments in our bedded unit at St Anne’s. A big focus is the co-ordination of the volunteer therapy team who work in our four day hospices and clinics around Gwent and Powys. We currently have 11 dedicated volunteer therapists and three paid therapists offering a range of treatments from Bowen to reflexology. Another area I really enjoy is looking at providing activities and experiences for our patients in the day hospices. This can involve looking at funding opportunities with the fundraising department, contacting artists and speakers to give talks and also running and hosting movement and relaxation sessions and art sessions also.

What’s a typical day for you? Today I went to see a new patient at home in the Monmouthshire area. After meeting her and introducing myself I explained why I was there and that her CNS had referred her to me. I explained the course of treatments we can offer and after completing an assessment I was able to offer her a reflexology treatment tailored specifically to her condition and medical history. The lady had been very anxious following diagnosis and was having difficulty sleeping, as well as increased feelings of anxiety. With the help of some soothing music, breathing exercises and aromatherapy oils, the patient was able to relax more so I began the reflexology session. This lasted about 30 minutes and the patient fell into a deep state of relaxation. After making a follow-up appointment, I came back to our Newport clinic to see two outpatient’s appointments I had booked in – one for a face and head massage and another for reflexology. After that I prepared our day hospice ready for a music therapy session where our patients a course of music therapy sessions. My day ended by writing up notes and making calls to see the following day’s patients.

What has been the highlight for you in your time working at St David’s Hospice Care? I don’t think I can think of one specific highlight – I can only say the variety of my role, the patients and families we meet, and the experience and expertise of my colleagues means that coming to work at St David’s always makes me feel proud to work here.

What do you do outside work? I have a young family so much of my time is focused on family life, and being the ‘best taxi driver ever’ (not my words!) to and from school activities. When I do have some time to myself I enjoy running and socialising and spending time with family and friends. I have also recently started yoga for beginners.

What are your three words best describe St David’s Hospice Care? Holistic. Professional. Bespoke.

I can see during my time here that the organisation is continually growing and changing as the needs and parameters of palliative care change. I am very excited about the future of St David’s and am looking forward to the growth of complementary therapies within the organisation, but also, externally, as it becomes more and more apparent that complementary therapies have a direct overall benefit on the wellbeing of the patient and families.

What do you do outside work? I have very little time outside of work but like to cycle when I can and spend time with my very supportive wife Janny and our children Matthew and Nicola and also our grandchildren Mason, three, and Isla, one.

What has been memorable about it? Seeing 350 people arrive safely back to The Priory Hotel this year for the after ride celebration.

What is so enjoyable about being involved? I think every one of us has it in us to do something worthwhile for the hospice but it just takes a little prompt to motivate people to realise just what can be done. Visit our website at www.dalmatianbikeride.com to see what other charities we try to support. I do not do this for the recognition, just simply to help raise funds for the hospice care that is so badly needed in the Gwent area.

What’s been memorable about it? Seeing 350 people arrive safely back to The Priory Hotel this year for the after ride celebration.

What do you do outside work? I have very little time outside of work but like to cycle when I can and spend time with my very supportive wife Janny and our children Matthew and Nicola and also our grandchildren Mason, three, and Isla, one.
Getting active...

I am Wayne George. I am 58 and I am a singer and entertainer from Bedwas, Caerphilly. I also have a wheelie bin cleaning business which keeps me 'on' the streets!

Why do you support St David’s Hospice Care?
I support the charity because of the marvellous work that it does in our community which I came to realise when my late life Karen needed their care.

How long have you been involved?
I have supported St David’s Hospice care for the past three years.

How do you support St David’s Hospice care?
By singing and performing. I have been performing and fundraising for the past 40 years and have helped raise more than £750,000 during this time. My favourite tribute acts are Elvis Presley, Frank Sinatra, Tom Jones, Neil Diamond, and many more.

What’s your favourite memory or event?
Apart from the beautiful memory of my daughter being born, my favourite moments are when I am singing and performing to help raise funds for St David’s Hospice Care. I just love it!

My motto for life: “Never take your eyes off the prize and never stop caring.”

PARALYMPIC cycle champion Mark Colbourne MBE secured pole position as lead cyclist in the Dalmatian Bike Ride. Mark, aged 45, of Tredgar, started, and was at the head of the popular event, which raises thousands of pounds for St David’s Hospice Care.

GWENT fundraisers were ‘pudding’ their best feet forward for St David’s Hospice Care dressed as Christmas puddings and running while keeping miniature versions of the festive treats balanced on spoons and completing an obstacle course. The 5km Christmas Pudding Run in North & South Fields, Cwmbran sponsored by Western Power Distribution (WPD) was launched at Festive Productions the Cwmbran based factory which spends all year designing and making Yule tide decorations.

PLUCKY boxer Amy Johnson was in training for what she hoped will be a knock-out fund raiser for St David’s Hospice Care. The 24-year-old debt recovery agent and rookie boxer pulled on her gloves and climbed into the ring at Headingley Carnegie Stadium, Leeds, to raise as much money as she can for the charity which has helped her family in particular her Nanna, cancer sufferer Val Meeks, of Caerleon.

CARDIFF and Wales’ Rhys Williams was in the saddle for the Tour de Gwent cycle ride. The Wales winger and full back has taken up cycling since retiring from rugby and has signed up for the inaugural 74-mile cycling challenge. A magnificent seven cyclists from Gwent brewer Tiny Rebel also took part in the grueling event. The Newport brewer also provided refreshment, in the form of current Champion Beer of Wales Fubar – an American-style pale ale.

SOUTH Wales lawyers Berry Smith swapped briefs for cycling shorts to take part in a charity event to mark the 800th anniversary of the sealing of Magna Carta.
Our four day hospice sites

The four day hospices we run are: Usk House in Brecon; Ysbyty Ystrad Fawr on Ystrad Mynach Hospital site in Caerphilly; Panteg on Panteg Hospital site in Pontypool; and Blackett Avenue in Newport.

Who attends the hospices?
Any St David’s patient can be referred to attend by their St David’s nurse.

What care/treatments/services/support are offered at the hospices?
While different things happen on different days in each day hospice, there is always a specialist nurse, nursing assistants, a driver, complementary therapists and volunteers who work as a team to ensure patients get the best possible day each time they visit.

Patients can expect to have breakfast, lunch and afternoon tea on a ‘day hospice’ day and lunch at ‘soup and support’.

At all sites on days we are open we have complementary therapists providing treatments ranging from massage, aromatherapy, reflexology and reiki to relaxation in a safe environment.

All patients who need assistance to bathe or shower can get that support at day hospice and at Blackett Avenue Day Hospice we have a hairdresser.

We have a rolling programme of activities, speakers and experiences throughout the year from art and music based interactive sessions, visits from choirs to a talk on astronomy. We also put on courses of yoga, creative arts and taster beauty sessions throughout the year.

How are each of the hospices different?
Each individual hospice has its own unique character, and characters! In common to whichever day hospice patients attend is the warm welcome, positive vibes, quality of the care, time to talk through any issues and have support and opportunities to meet new people and try new things.

What happens in a St David’s Hospice Care hospice?
Patients benefit in many ways. Different people want /need different things and we aim to offer bespoke care suitable to every individual patient. For someone who lives alone and has little social interaction, the main benefits may be the chance to meet others going through a similar situation or share a meal.

Others may benefit from the relaxation a complementary therapy brings or the opportunity to try a new experience or pick up an old hobby.

For others the chance to speak to a nurse about their problems or anything that is worrying them and get help, to have a dressing changed or a nice soak in the bath if they can’t bathe at home for any reason.

For most people it will be a combination of things that make their time at day hospice enjoyable and hugely beneficial to them, and for those who have family or friends caring for them the carers are able to have break safe in the knowledge that their loved one is well cared for while they are with us.

In addition to the services for patients Day Hospices sites are also used for groups for other groups of people St David’s Family Support Team are supporting like carers, children and young people coming in for Unicorn groups, and bereaved family members. The sites are also where the clinical teams are based in each area and where patient clinics are held for symptom management, welfare benefits advice, social work support, complementary therapy, and bereavement.

The day hospices are also used by other health professionals who hold lymphedema, chemotherapy and motor neurone disease clinics.

Trustee
Michael Hine

I am Michael Hine. I am 66 and I live in Caerwent, near Chepstow. I’m a retired property manager.

What is your involvement with St David’s Hospice Care?
I am a trustee.

How did you get involved?
After the fantastic support when my wife died in 1994.

How long have you been involved?
About 18 years supporting the retail operation. I’ve been a trustee for 15 years.

What do you enjoy about being involved with St David’s Hospice Care?
A firm belief that the work they do is fundamental to the increasing needs of the community in which they serve to complement the limited resources of the NHS.

Best memory of being involved with St David’s Hospice Care?
Taking part in the first major sponsored charity fundraising event walking the Great Wall of China.

What are you doing now?
Busy adjusting to the world of retirement.

What best describes St David’s Hospice Care?
I am privileged to be part of a well-respected organisation which strives to seek best practice in the delivery of palliative care.
Nursing sister Rachel Buttweiler

I am Rachel Buttweiler. I am 38 and I live in Malpas, Newport. I am the nursing sister at St Anne’s Hospice in Malpas with the responsibility of running the 10-bed unit. I've been here since May 2014.

What do you do?

I have the responsibility of running the 10-bed in-patient unit on a daily basis. I feel I have fitted in extremely well into the already established team and I help enhance the team’s performance by bringing the best out of them by leading the team to give a high standard of care.

Describe what the work is like?

My job is the best job I have ever had. It is rewarding and challenging and frequently emotional, but I wouldn’t have it any other way.

What is your background?

I left school at 17 and went straight into a nursing career as this is the only job I have ever wanted to do. I wouldn’t change it for the world.

What do you do outside work?

I enjoy spending time with my four children and time with my immediate family.
“Mum died 2 months after writing her last diary entries. She died at home with a St David’s nurse by her side not only looking after her but supporting us all as a family. I cannot express the difference the day hospice made to Mum. It was lovely to see the old Mum back for a few months. We would like to thank you so very much.”

Tuesday, May 5, 2015
Gill my St David’s Nurse came to see me today. I have been feeling so down and it really helped having her to talk to. After much chat and encouragement by Gill I have decided to try the St David’s Day Hospice this week. She said I will be picked up at 9.45am!

Wednesday, May 6
Call from Helen, the day hospice nurse, today. She says I can go to the day hospice tomorrow and she will meet me at the door. Hope I will like it.

Thursday, May 7
Picked up by a lovely man called Clive the Drive who works for St David’s. He was so kind to me and I think he realised I was very nervous. No need to be as from the minute I walked through the door everyone was so friendly. Helen discussed so many things that are important to me. I wish I had come sooner as I had a reflexology session which really helped me to relax. Helen suggested I go next Monday and I am really looking forward to it.

Friday, May 8
Spoke to my Kevin and he said: “Mum you seem so much brighter.” I then told him about my day yesterday. I can’t believe St David’s offer so much care and support.

Saturday, May 9
I went into the garden today and did some weeding. I haven’t really been interested in the garden over recent weeks - it’s all rather overgrown!

Sunday, May 10
My neighbour popped in and brought me a Sunday lunch. So nice of her. Life at the moment can be so lonely so it was great to see a friendly, smiley face. I’m looking forward to tomorrow’s visit to day hospice again.

Monday, May 11
What a day! Picked up by Clive and it feels like we have known each other for years! Had a lovely day. Had a bath for the first time in a year - so lovely to have a soak. I then had my hair cut and blow dried - it needed it as I haven’t been out for so long. What is so lovely is being able to choose my lunch and it all being so delicious. I even had a little bit of afternoon tea. I haven’t been eating well lately, so a good day. The day hospice has given me a real boost - people to talk to, share my fears with and understand what I’m going through as they are on the same journey as me.

Tuesday, May 12
I feel so much more positive about the future. If it hadn’t been for Gill, my St David’s nurse, encouraging me to visit day hospice I would still be at home isolated. I’m looking forward to Thursday, to see my friends again in day hospice.

In the UK, one in three people have been touched by hospice care. Last year a record 3,200 patients received our care services. The cost to provide these services is more than £7 million – and we receive less than 25 per cent of this cost from the NHS. Without the support of the local community we would not be able to help everyone who needs us. Please help us secure the future of hospice care in our community. Thank you.

Our shops

We have retail shops in: Aberdare, Abergavenny, Abertillery, Bargoed, Bassaleg, Blackwood (High Street 2), Brecon, Bulwark (Chepstow), Caerphilly, Caerleon Road (Newport), Magor, Maendy (Newport), Malpas (Newport), Malpas Road (Newport), Merthyr Tydfil, Monmouth, Newbridge (relocating after fire); Pontypool (fire damaged); Pontypridd; Risca; Skinner Street (Newport); Spytty (Newport Retail Park - pictured above); Caerleon; Caldicot, Chepstow (Moor Street); Crickhowell; Cwmbran (Commercial Street); Cwmbran (Gwent Square); Handpost (Newport); Hay on Wye (pictured below); High Street (Newport); Treharris; Usk and Ystrad

The shop in Pontypool is set to re-open by the end of the year. The Newbridge shop will relocating to temporary premises.

Diary of a patient
**Fundraiser Roger Gambarini**

I am Roger Gambarini. I am 68 and I live in Langstone. I am a Consultant to Office Visions.

**What is your involvement with St David’s Hospice Care?**
I became involved with the charity through my brother in 1990 and then my father was looked after by St David’s Hospice Care when he was ill a few years later. I have organised an annual golf day in aid of the charity for the last 25 years and over that time have raised tens of thousands of pounds.

**What is so enjoyable about being involved?**
One derives great pleasure in helping St David’s Hospice Care achieve their aim to make the end of life for those stricken with cancer and terminal diseases bearable.

**What has been a memory for you over the years?**
Seeing the faces of those cared for by St David’s Hospice Care who help them through what can only be called an ordeal.

**What three words best describe St David’s Hospice Care?**
Caring. Caring. Caring.

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**How funds can be spent**

£10 – pays for a patient to have lunch and afternoon tea in our day hospice

£20 – could pay for a hospice at home nurse to care for someone in their own home for one hour, giving all the care they so desperately need at the end of their life

£20 – gives one patient a half-hour complementary therapy session

£20 – pays for a nurse’s uniform

£25 – pays for a session with one of our welfare rights workers, helping patients through a very difficult time

£25 – pays for toys, arts, crafts for the Unicorn team at St David’s. The materials can be used to help children come to terms with their loss

£25 – gives a group of patients a 45-minute movement and dance session

£25 – gives a group of patients a 45-minute visualisation session

£30 – would buy two therapy music CDs for patients

£35 – gives a group of patients an hour singing therapy session

£45 – gives a group of patients a one-hour art therapy session

£50 – would buy a one hour yoga or mindfulness session

£100 – would buy art and craft material for the four day hospices for one month

£160 – could pay for a hospice at home nurse to stay with a patient overnight and give all the care they need in their own home surrounded by loved ones

£200 – pays for a clinical nurse specialist to visit a patient and their family twice in a week to help stabilise their symptoms

£500 – pays for a one-night stay in St Anne’s Hospice

£800 – would supply one year of essential oils for the four day hospices

£1,000 – pays for a new syringe driver for use by our patients when they need it most.
Peter Maunders

I am Peter Maunders. I am 55 and I am Business Development Director with Lloyds Bank throughout Wales but based in St William House in Cardiff.

Why do you think the annual rugby lunch is so successful?

It started when Lloyds asked me to organise an event which the bank’s Newport customers would be interested in. I supported Newport Gwent Dragons at the time and I asked the then coach Mike Ruddock to speak. Over the years circa £160,000 has been raised for charity.

What is the event like?

It is informal, previously based at the Celtic Manor Resort but moved to the SWALEC Stadium in Cardiff this year. The lunch is planned by St David’s Hospice Care which does the vast majority of the work internally, through Kris Broome. All seem to enjoy the informal atmosphere, great speakers and sums raised for good causes. We are at the stage where it is on many calendars and those taking a table almost always book yearly thereafter.

Highlight of the year?

490 attending last year at the SWALEC in January

Our five areas

Newport

Number of patients cared for – 824
New referrals – 587
Out-of-hours calls – 678
Day hospice attendances – 1,601

Monmouth

Number of patients cared for – 711
New referrals – 446
Out-of-hours calls – 507

Powys

Number of patients cared for – 156
New referrals – 111
Out-of-hours calls – 56
Day hospice attendances – 1,234

Torfaen

Number of patients cared for – 623
New referrals – 424
Out-of-hours calls – 472
Day hospice attendances – 741

Caerphilly

Number of patients cared for – 1,026
New referrals – 707
Out-of-hours calls – 959
Day hospice attendances – 722

“If our hospice at home service is involved, more than 95% of our patients were able to die at home”
THE 54321 Cymru ‘Cycle Challenge 2014’ saw a cohort of South Wales cyclists ride 180 miles through Holland and Belgium, over three days, and raise £50,000 for two charities, St David’s Hospice Care and For Luca. The 2016 event is over May Bank Holiday visit website for details and to register.

Waggfest 2014 raised £2,934 for St David’s and St Anne’s Hospice. The event was in memory of Mr Martin Wagg. HUGE thanks has to go to John and Valarie Bradford, together with all the organising committee for all their hard efforts.
I am Rosemary Butler. I live in Caerleon and am Assembly Member for Newport West and Presiding Officer of the National Assembly for Wales.

What is your involvement with St David’s Hospice Care?
St David’s is located within my Newport West constituency and I have been a supporter for many years. Despite not seeking re-election to the Assembly next year, my full support for St David’s will continue, and I hope to become even more involved with the charity’s work.

What is so enjoyable about being involved?
I am in awe of the work that St David’s does, both in the local community and in the hospice itself. It is a charity which is very close to my heart and it is a pleasure being involved with such a fantastic and inspirational organisation.

Any memorable highlights of your time being involved with St David’s Hospice Care?
The most memorable highlight was seeing the new development completed after all the hard work and commitment by all involved. It was wonderful to be able to attend both the ground-breaking ceremony and opening of the new hospice. I hope that St David’s has similar success with the new inpatient unit.

What do you do outside work?
I have four grandchildren who keep me very busy outside of work. I am also very active within the community and attend many events locally.

What three words best describe St David’s Hospice Care?
Inspirational, dedicated and caring

St David’s Hospice Care is an absolutely fantastic organisation which is responsible for helping hundreds of patients and their families locally, and I am proud to have it as part of my Newport West constituency.

Thank you...

St David’s Hospice Care has a superb team. We simply wouldn’t be able to offer the scope and range of services to patients, families and carers that we do, without their efforts.

Our wonderful staff, aided by our fantastic band of committed volunteers, ensures that our costs are kept to a minimum so that we are able to direct as much of the money that we have to provide our services for patients, families and carers.

A very important part of the whole equation are our hugely supportive corporate sponsors.

So a very big thank you to all the organisations and businesses that have either started or continued with their support for St David’s Hospice Care over the past year.

Corporate sponsors, some who have adopted us as their charity of the year for which we are very grateful, helped to raise a huge amount of money to pay for the support we provide throughout our community.

Among our corporate and organisation sponsors are: TWL, Linea Resourcing, Kymin Corporate, Mon Motors Group, Linnells Property Consultants, Ahmadiyya Muslim Youth Association, Russell Baldwin & Bright, Whitehead, Ysgol Gymraeg Cwmbran, Greenaway Scott, Celtic Manor Resort, Wilkinson, Dewstow Golf Club, MCL Logistics, Sainsbury’s, Sainsbury’s Cwmbran, Pre Solutions Property Services, Monmouthshire Building Society, Admiral, Basepoint, HAASCO, DHL, Cool Solutions, Eastman, GO Compare, Kingsway, NatWest, Office Visions, Pro Copy Original, RBS, The Rotary Club of Monmouth, Uskmouth, Wessex Garages, PAS, Western Power Distribution, Newport City Council, Brace’s, Taylor Wimpey
Where our money comes from...

<table>
<thead>
<tr>
<th></th>
<th>2015 (£000)</th>
<th>2014 (£000)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Donations and gifts</td>
<td>680</td>
<td>665</td>
</tr>
<tr>
<td>Legacies</td>
<td>476</td>
<td>465</td>
</tr>
<tr>
<td>Grants</td>
<td>677</td>
<td>638</td>
</tr>
<tr>
<td>Retail trading</td>
<td>3,159</td>
<td>3,213</td>
</tr>
<tr>
<td>Fundraising income</td>
<td>760</td>
<td>589</td>
</tr>
<tr>
<td>Lottery income</td>
<td>453</td>
<td>462</td>
</tr>
<tr>
<td>Investment income</td>
<td>23</td>
<td>24</td>
</tr>
<tr>
<td>From charitable activities</td>
<td>1,258</td>
<td>1,196</td>
</tr>
<tr>
<td>Other income</td>
<td>205</td>
<td>124</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>7,691</strong></td>
<td><strong>7,376</strong></td>
</tr>
</tbody>
</table>

...and how it is spent

<table>
<thead>
<tr>
<th></th>
<th>2015 (£000)</th>
<th>2014 (£000)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Generating voluntary income</td>
<td>37</td>
<td>24</td>
</tr>
<tr>
<td>Retail trading</td>
<td>2,310</td>
<td>2,204</td>
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<tr>
<td>Fundraising</td>
<td>397</td>
<td>387</td>
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<tr>
<td>Lottery</td>
<td>259</td>
<td>270</td>
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<tr>
<td>Investments</td>
<td>-</td>
<td>1</td>
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<tr>
<td>Charitable Activities</td>
<td>4,441</td>
<td>4,202</td>
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<tr>
<td>Governance</td>
<td>44</td>
<td>40</td>
</tr>
<tr>
<td>Other</td>
<td>-</td>
<td>(19)</td>
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<tr>
<td><strong>Total</strong></td>
<td><strong>7,488</strong></td>
<td><strong>7,109</strong></td>
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Balance Sheet

as at 31 March 2015

<table>
<thead>
<tr>
<th></th>
<th>2015 (£'000)</th>
<th>2014 (£'000)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fixed Assets</td>
<td>4,353</td>
<td>4,242</td>
</tr>
<tr>
<td>Net Current Assets</td>
<td>1,594</td>
<td>1,660</td>
</tr>
<tr>
<td>Long Term Liabilities</td>
<td>(136)</td>
<td>(293)</td>
</tr>
<tr>
<td><strong>NET ASSETS</strong></td>
<td>5,811</td>
<td>5,609</td>
</tr>
</tbody>
</table>

Represented by:

- Restricted funds: 11
- Unrestricted funds: 5,800

**TOTAL FUNDS OF THE CHARITY**: 5,811

The summarised financial statements above contain information from the statement of financial activities and the balance sheet for the year ended 31 March 2015 but are not the full statutory financial statements. These summarised financial statements have not been externally scrutinised and may not contain sufficient information to allow for a full understanding of the financial affairs of the Charity.

The full financial statements from which these summarised financial statements were derived were approved by the trustees on 30 July 2015 and were subsequently submitted to the Charity Commission.

The auditor has issued an unmodified report on the full financial statements and on the consistency of the trustees' annual report with those financial statements.

Copies of the full financial statements including the Trustees’ Annual Report and the Auditor’s report may be obtained from the charity’s head office or from the charity’s website.

Signed on behalf of the trustees
Malgwyn Davies CSJ
Chairman
SEVERN Bridge maintenance engineers put their feet up after finishing a 218-mile walk in eight days and raising £2,500 for St Anne’s Hospice.

The seven-strong Severn Bridge Stumblers group completed more than a marathon a day for eight days walking from the source of the River Severn in mid Wales to where it meets the sea at Avonmouth.

A CHRISTMAS fayre in Chepstow is so popular that organisers had to make it a ticketed function, raised £6,707.69 for St David’s Hospice Care. The money from the annual event staged at St Pierre Marriott Hotel & Country Club, was boosted by £2,000 match funding from Basepoint business centre, Chepstow, and £1,000 from Barclays.

NEWPORT accountancy practice Phil Bessant Ltd locked up their boss for an afternoon and raised £3,915 for St David’s Hospice Care.

Phil, was locked up in the boardroom at the firm’s Caerav Road, Newport, office and would not be freed until at least £1,000 had been pledged.

In the event more than three times that amount was raised by clients, business contacts staff and family. Phil Bessant Limited adopted St David’s Hospice Care as its charity of the year.

Huge thanks to everyone who fundraise for our charities. Sadly, we couldn’t feature you all in our review of the year.

A HAIR and beauty pamper day in Monmouth raised £1,000 for St David’s Hospice Care. Denise Jones, manager of The Hair and Beauty Studio, staged the event with her team as a thank you for the care her mother Frances Gleed was given by the charity.

NEWPORT Caravans has made a grand gesture by donating its corporate Christmas card cash to charity. The business has given £1,000 to St David’s Hospice Care.

MONMOUTHSHIRE siblings Mel and Tim Ellis got on their bikes and rode 300 miles to raise money for the charity which cared for their cancer sufferer father Terry up until his death. The brother and sister completed the gruelling distance from London to Paris in five days and raised a magnificent £1,828.

THE Coventry Building Society made a grand donation to St David’s Hospice Care to ensure a sizzling start to the fund raising year. The Chepstow branch donated £1,000 to pay for barbecue equipment to be used at events throughout the area. The first outing for the top of the range kit was at the finish line for the Tour de Gwent bicycle ride.