

2014 Newport Half Marathon

Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
1	1:14:46	1	Ryan McFlynn	M			1	1:14:46
2	1:17:09	1175	Matthew Welsh	M		1 Tri	2	1:17:08
3	1:17:15	910	Leighton Rawlinson	M			3	1:17:14
4	1:17:30	865	Emrys Penny	M		Newport Harriers	4	1:17:29
5	1:17:43	68	Maciej Bialogonski	M			5	1:17:42
6	1:17:46	316	James Elgar	M			6	1:17:45
7	1:19:35	372	Tom Foster	M		Cardiff Triathletes	7	1:19:34
8	1:20:33	926	Christopher Rennick	M			8	1:20:31
9	1:21:10	425	Mike Griffiths	M		Lliswerry Runners	9	1:21:09
10	1:21:27	680	Richard Lloyd	M		Aberdare VAAC	10	1:21:25
11	1:21:52	117	Gary Brown	M		Penarth & Dinas Runners	11	1:21:50
12	1:22:03	801	Doug Nicholls	M		San Domenico	12	1:22:02
13	1:22:21	625	Alun King	M		Lliswerry Runners	13	1:22:18
14	1:22:25	574	Dean Johnson	M			14	1:22:22
15	1:22:38	772	Emma Wookey	F		Lliswerry Runners	15	1:22:36
16	1:22:54	256	Steve Davies	M	50	Pontypool & District Runners	16	1:22:52
17	1:25:26	575	Nicholas Johnson	M			17	1:25:24
18	1:25:50	597	Richard Jones	M			18	1:25:39
19	1:25:55	458	Michael Harris	M		Caerleon Running Club	19	1:25:53
20	1:26:02	163	Jack Casey	M			20	1:25:56
21	1:26:07	162	James Casburn	M		Caerleon Running Club	22	1:26:05
22	1:26:08	541	Richard Jackson-Hookins	M		Penarth & Dinas Runners	23	1:26:06
23	1:26:09	82	Thomas Bland	M		Lliswerry Runners	24	1:26:06
24	1:26:09	531	Mark Hurford	M		Pontypool & District Runners	21	1:26:03
25	1:26:10	803	Daniel Oakenfull	M			25	1:26:08
26	1:26:12	215	Pete Croall	M		San Domenico	26	1:26:10
27	1:26:15	57	Jon Belcher	M			27	1:26:12
28	1:26:43	107	Phil Bristow	M	50	San Domenico	28	1:26:40
29	1:26:57	212	Matt Creed	M		Lliswerry Runners	29	1:26:53
30	1:27:14	605	Daman Jukes	M	40	Parc Bryn Bach	30	1:27:11
31	1:27:27	1120	Matthew Turner	M		Cr@pTri	31	1:27:24
32	1:27:30	912	Adam Rees	M	40	Bridgend AC	32	1:27:25
33	1:27:35	594	Neil Jones	M			33	1:27:32
34	1:27:54	767	Chris Morgan	M	40		34	1:27:48
35	1:28:15	671	Ian Liddiatt	M	40	Cardiff Triathletes	35	1:28:04
36	1:28:20	442	Gareth Hall	M		Lliswerry Runners	36	1:28:17
37	1:28:26	780	Chris Morris	M		Lliswerry Runners	37	1:28:22
38	1:28:31	918	Nick Rees	M	50	Les Croupiers	38	1:28:25
39	1:28:55	1212	Jason Williams	M	40		39	1:28:47
40	1:29:00	343	Robert Evans	M	50	Ebbw Vale Running Club	40	1:28:57
41	1:29:04	880	Laurence Pole	M		Pontypridd Roadents	41	1:29:00
42	1:29:16	1006	Leigh Shankland	M	40	Islwyn Running Club	42	1:29:12
43	1:29:22	1225	Rhys Williams	M			43	1:29:15
44	1:29:43	1031	Lee Smith	M	40	Lliswerry Runners	45	1:29:40
45	1:29:47	1201	Dan Williams	M		Serpentine	44	1:29:36
46	1:29:52	123	Andy Buchanan	M			46	1:29:44
47	1:30:11	1028	George Smith	M		Spirit Of Monmouth	47	1:30:05
48	1:30:17	88	Philip Boorman	M	40		48	1:30:07
49	1:30:18	732	Sean McNally	M			49	1:30:15
50	1:30:20	1166	Ricci Watts	M		Pontypool & District Runners	50	1:30:18
51	1:30:26	518	Louise Howells	F			52	1:30:22
52	1:30:29	318	Richard Elgar	M		Lliswerry Runners	51	1:30:19
53	1:30:34	486	Patrick Hoare	M	40	Lliswerry Runners	53	1:30:30
54	1:30:49	809	Matt O'Keefe	M			54	1:30:40
55	1:30:50	806	Malcolm O'Brien	M			55	1:30:46
56	1:30:55	858	Andrew Pearce	M		Griffithstown Harriers	56	1:30:48
57	1:31:08	4	Bruno Albert	M		Nike Run Club Cardiff	57	1:31:02
58	1:31:10	145	Jodi Campbell	M	40		59	1:31:05
59	1:31:11	174	Paul Chick	M	40	Lliswerry Runners	61	1:31:07
60	1:31:12	21	Dan Arthur	M		Caerleon Running Club	58	1:31:02
61	1:31:13	100	Richard Bray	M			60	1:31:06
62	1:31:25	595	Nigel Jones	M	40	Mynydd Du	62	1:31:22
63	1:31:49	822	Peter Ovey	M	40	Lliswerry Runners	65	1:31:44
64	1:31:50	740	Allan Meek	M	40	Spirit Of Monmouth	64	1:31:43
65	1:31:51	379	Andrew Frayling	M		Penarth & Dinas Runners	63	1:31:40
66	1:31:58	927	Dave Rennick	M			66	1:31:56
67	1:32:04	311	Nathan Edwards	M			67	1:32:00
68	1:32:15	549	Keith James	M	40		70	1:32:11
69	1:32:17	685	Brian Lovett	M	40	San Domenico	71	1:32:15
70	1:32:28	403	Simon Gill	M		Lliswerry Runners	73	1:32:24
71	1:32:31	395	Nicola Gething	F	40	Parc Bryn Bach	74	1:32:29
72	1:32:40	1220	Neil Williams	M	50	Aberdare VAAC	75	1:32:33
73	1:32:47	108	Stefan Brittain	M	40		76	1:32:39
74	1:32:51	764	Simon Moore	M	40	Cr@pTri	69	1:32:04
75	1:32:54	296	Jonathan Duffy	M			78	1:32:44

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Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
76	1:32:55	877	Justin Pocknell	M	40	Caerleon Running Club	72	1:32:19
77	1:32:56	1047	Kevin Arthur Stenner	M	50	Yeovil Town RRC	80	1:32:46
78	1:32:57	440	Brian Hall	M	40		77	1:32:40
79	1:32:58	548	Keith James	M	40	Lliswerry Runners	81	1:32:48
80	1:33:18	263	James Day	M		Pontypool & District Runners	82	1:33:10
81	1:33:23	61	Richard Bennett	M			79	1:32:45
82	1:33:35	737	Chris Medcalf	M		San Domenico	84	1:33:26
83	1:33:36	641	Steven Lane	M	40	Islwyn Running Club	86	1:33:32
84	1:33:38	333	Debbie Evans	F	40	Penarth & Dinas Runners	83	1:33:26
85	1:33:38	461	Oliver Harris	M		Lliswerry Runners	85	1:33:28
86	1:33:47	637	Pierre Lacrouts	M	40	Corsham Running Club	89	1:33:42
87	1:33:50	814	Peter Olivier	M	50	Caerleon Running Club	88	1:33:40
88	1:33:55	273	Simon Dimmer	M	50		87	1:33:34
89	1:33:57	860	James Pearce	M		Lliswerry Runners	90	1:33:48
90	1:34:01	248	Mike Davies	M	50	Caerleon Running Club	91	1:33:54
91	1:34:17	154	Ivor Cardwell	M	40		92	1:34:13
92	1:34:55	1049	Darren Stevens	M	40		94	1:34:42
93	1:35:03	776	Lloyd Morgan	M		San Domenico	96	1:34:59
94	1:35:06	788	Matthew Mulcahy	M	40		95	1:34:57
95	1:35:14	1256	Ashley Wright	M	40	Emersons Green Running Club	97	1:35:09
96	1:35:27	127	Lewis Sydenham	M		Nike Run Club Cardiff	68	1:32:03
97	1:35:30	983	Tom Russell	M		Ebbw Vale Running Club	99	1:35:26
98	1:35:34	666	Spencer Lewis	M		Lliswerry Runners	98	1:35:25
99	1:36:04	373	James Foulkes-Nock	M		Lliswerry Runners	102	1:35:59
100	1:36:07	297	Antoinette Dumayne	F		Lliswerry Runners	101	1:35:58
101	1:36:13	667	Terry Lewis	M	50	Islwyn Running Club	103	1:36:06
102	1:36:28	621	James Kent	M		Devon Exiles RC	105	1:36:20
103	1:36:31	504	Peter Hopes	M	50	Bitton Road Runners	106	1:36:24
104	1:36:34	53	Gareth Beachus	M			107	1:36:32
105	1:36:48	769	Dylan Morgan	M			100	1:35:56
106	1:36:56	179	Alistair Church	M	40		109	1:36:45
107	1:37:00	964	Peter Rodger	M	50	Caerleon Running Club	111	1:36:50
108	1:37:04	271	Andrew Dickens	M	40	Pontypool & District Runners	114	1:37:02
109	1:37:05	338	Luis Evans	M			113	1:36:58
110	1:37:12	692	Nick Mahoney	M		Chichester Runners & AC	93	1:34:25
111	1:37:14	445	Jon Hancock	M	50	Usk Runners	115	1:37:04
112	1:37:15	279	Paul Donovan	M	40	Pontypool & District Runners	117	1:37:12
113	1:37:15	344	Sam Evans	M			112	1:36:57
114	1:37:18	1001	Chris Selby	M	40	San Domenico	116	1:37:08
115	1:37:19	1234	Haydn Willis	M			110	1:36:50
116	1:37:23	266	Matthew Dent	M			108	1:36:42
117	1:37:32	704	Neale Wood	M	50	Lliswerry Runners	118	1:37:15
118	1:37:33	982	Kevin Russell	M	50	Lliswerry Runners	104	1:36:07
119	1:37:35	657	Megan Leitch	F			119	1:37:17
120	1:37:42	267	Andrew Desmond	M			120	1:37:30
121	1:38:11	1020	Gareth Sims	M			123	1:37:44
122	1:38:22	1156	Amy Waterson	F			124	1:38:07
123	1:38:22	712	Paul Mason	M		Griffithstown Harriers	127	1:38:16
124	1:38:30	355	Anthony Fidow	M	50	Lliswerry Runners	130	1:38:25
125	1:38:31	433	Matthew Gwenter	M			128	1:38:19
126	1:38:39	887	Mark Powell	M	40	AC Pontymister	121	1:37:38
127	1:38:42	90	Phil Booth	M	40		132	1:38:29
128	1:38:46	160	Jonathan Carter	M	40		136	1:38:41
129	1:38:50	449	David Hands	M	40		125	1:38:10
130	1:38:50	439	Anthony Hall	M	40		133	1:38:31
131	1:38:54	716	Chris Matthews	M	50	Lliswerry Runners	126	1:38:15
132	1:38:54	456	Craig Harris	M			135	1:38:39
133	1:38:55	959	Shane Roberts	M			137	1:38:41
134	1:38:56	702	Mark Marrin	M		Admiral	129	1:38:20
135	1:39:04	165	Steve Chadwell	M	40		139	1:38:52
136	1:39:07	293	Helen Duffield	F	40	Chepstow Harriers	142	1:38:57
137	1:39:08	566	Peter Jeremiah	M			144	1:39:07
138	1:39:09	121	Garerh Brunnock	M			140	1:38:53
139	1:39:13	81	Martin Blakebrough	M	50	Kaleidoscope Runners	138	1:38:48
140	1:39:19	331	Dave Evans	M	40		141	1:38:56
141	1:39:20	678	Jack Lloyd	M	40		143	1:39:01
142	1:39:42	1098	Mike Thurgood	M	40	Caerleon Running Club	147	1:39:32
143	1:39:42	979	Mark Rowe	M	50		146	1:39:21
144	1:39:44	422	Barry Griffiths	M	40	Brecon AC	148	1:39:32
145	1:39:50	922	Daniel Reilly	M			151	1:39:44
146	1:39:55	186	Lisa Cleary	F	40	Penarth & Dinas Runners	150	1:39:43
147	1:39:56	6	John Allcoat	M			149	1:39:38
148	1:39:59	93	Richard Bowen	M			152	1:39:45
149	1:40:00	580	Brian Jones	M	50	Usk Runners	153	1:39:51
150	1:40:05	1066	Rosie Sweetman	F			154	1:39:53

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Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
151	1:40:12	78	Peter Blackie	M	40		155	1:39:54
152	1:40:13	663	Nathan Lewis	M			122	1:37:41
153	1:40:16	69	Clare Biddlecombe	F	40	Lliswerry Runners	156	1:40:01
154	1:40:23	1208	Emma Louise Williams	F		Caerleon Running Club	159	1:40:13
155	1:40:24	643	Keith Jeffrey Langley	M	50		157	1:40:10
156	1:40:28	805	Chris O'Brien	M	40		158	1:40:13
157	1:40:40	891	Brad Quin	M			161	1:40:27
158	1:40:41	725	Lyndon McLarlaine	M	40	Lliswerry Runners	164	1:40:30
159	1:40:47	608	Itay Kaplan	M	40		160	1:40:25
160	1:40:52	808	Daniel O'Keefe	M			166	1:40:34
161	1:40:53	945	Tom Riddington	M	40	Chepstow Harriers	165	1:40:34
162	1:40:54	1055	Matthew Stubbs	M			162	1:40:28
163	1:40:58	1219	Matthew Williams	M			168	1:40:49
164	1:41:02	183	Phil Tilley	M	40	Manmoth Triathlon Club	163	1:40:29
165	1:41:03	409	Jane Goodwin	F	40	Westbury Harriers	167	1:40:41
166	1:41:09	715	Adam Mathlin	M			170	1:40:55
167	1:41:15	287	Kevin Draper	M			169	1:40:53
168	1:41:15	1024	Ben Jenkins	M		Griffithstown Harriers	171	1:40:56
169	1:41:16	1118	Cathy Turner	F	40		131	1:38:26
170	1:41:16	11	Osamah Ahmed Al-Rasbi	M			134	1:38:36
171	1:41:30	257	Stewart Davies	M			172	1:41:17
172	1:41:38	460	Neil Harris	M			173	1:41:21
173	1:41:43	731	David McMillan	M			175	1:41:26
174	1:41:45	353	Dean Ferrier	M	40	Admiral	176	1:41:29
175	1:41:47	874	Aisling Pigott	F		Outdoor Fitness	177	1:41:33
176	1:41:50	795	Sabrina Napthine	F			145	1:39:18
177	1:41:51	1050	Wayne Stewart	M	40		174	1:41:23
178	1:41:57	1168	David Webster	M	50		178	1:41:35
179	1:42:03	950	Martin Riley	M			179	1:41:37
180	1:42:04	700	Paul Mansi	M	40		184	1:42:01
181	1:42:06	787	Joe Mulcahy	M	50		182	1:41:54
182	1:42:10	1244	Anthony Witcombe	M	40	Admiral	181	1:41:54
183	1:42:10	1061	Louise Summers	F	40	Pontypool & District Runners	186	1:42:09
184	1:42:20	688	Stuart Lukins	M		Admiral	185	1:42:04
185	1:42:30	75	Mark Birkby	M			183	1:41:56
186	1:42:34	718	Joshua Mayo	M			180	1:41:51
187	1:42:47	213	John Cregg	M	40		192	1:42:41
188	1:42:50	217	Thomas Cross	M			191	1:42:37
189	1:42:51	120	Steve Brown	M	50	Pembrokeshire Harriers	189	1:42:32
190	1:42:52	324	Andrew Ellison	M			193	1:42:43
191	1:42:56	94	Michael Bowman	M	40		194	1:42:44
192	1:42:57	86	Carl Johns	M	50	San Domenico	195	1:42:48
193	1:42:58	1000	John Seaward	M		San Domenico	196	1:42:50
194	1:43:00	105	Paul Bridges	M	40		199	1:42:52
195	1:43:04	1079	Christopher Thomas	M	50	Ebbw Vale Running Club	197	1:42:50
196	1:43:07	106	Louise Bright	F		Pontypool & District Runners	200	1:42:54
197	1:43:08	303	Paul Dursley	M	60	Lliswerry Runners	198	1:42:51
198	1:43:23	172	Shaun Chard	M			204	1:43:12
199	1:43:24	905	Kevin Quigley	M			202	1:43:07
200	1:43:27	1064	Alex Swaffer	M			203	1:43:09
201	1:43:38	679	Matthew Lloyd	M		Fairwater Runners Cwmbran	201	1:43:01
202	1:43:39	384	Craig Fussell	M	40		205	1:43:22
203	1:43:51	1052	Elizabeth Stokes	F	40	Griffithstown Harriers	208	1:43:32
204	1:43:54	207	Chris Coward	M			209	1:43:34
205	1:43:55	364	Ryan Flood	M	40		207	1:43:26
206	1:44:02	471	Andrew Hayward	M	40		206	1:43:22
207	1:44:05	325	Michael Elliston	M	40	Les Croupiers	210	1:43:34
208	1:44:07	415	David Green	M	40	Pegasus RC	211	1:43:41
209	1:44:18	1253	Matthew Wreford	M			219	1:44:12
210	1:44:21	146	Maria Campden	F	40		213	1:43:50
211	1:44:21	988	Adam Sadler	M			187	1:42:11
212	1:44:26	137	Ashley Burton	M			216	1:44:03
213	1:44:26	495	Stewart Hole	M			215	1:44:03
214	1:44:27	499	Helen Holloway	F	40		221	1:44:15
215	1:44:37	76	Anna Birt	F			214	1:43:59
216	1:44:37	939	Greg Richards	M			188	1:42:17
217	1:44:42	128	Rhian Hughes	F	50	Village Vipers	218	1:44:08
218	1:44:43	1043	Mark Spooner	M	50		222	1:44:23
219	1:44:43	498	Kathryn Holley	F		Ebbw Vale Running Club	223	1:44:29
220	1:44:48	244	Lewis Davies	M		AC Pontymister	212	1:43:47
221	1:44:49	337	Louise Evans	F	40	Ebbw Vale Running Club	226	1:44:34
222	1:44:50	544	Andrew James	M	40	Lliswerry Runners	224	1:44:29
223	1:44:51	475	Geraint Heath	M		Lliswerry Runners	190	1:42:35
224	1:44:52	383	Sarah Fry	F	40	Islwyn Running Club	220	1:44:15
225	1:45:00	862	Paul Harvey	M			227	1:44:37

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226	1:45:06	254	Sean Davies	M			217	1:44:06
227	1:45:06	392	Helen Passant	F	40		228	1:44:40
228	1:45:18	18	Matthew Armstrong	M	40		232	1:45:03
229	1:45:22	1250	Sean Woodman	M		Admiral	231	1:44:51
230	1:45:28	1104	Paul Titchener	M			233	1:45:05
231	1:45:34	1095	Claire Thompson	F		Griffithstown Harriers	235	1:45:15
232	1:45:41	851	Mark Passmore	M			238	1:45:21
233	1:45:44	396	Ant Gettins	M			239	1:45:22
234	1:45:45	464	Gareth Hart	M	40	Caerleon Running Club	234	1:45:09
235	1:45:45	848	David Parsons	M	40		237	1:45:20
236	1:45:54	766	Carl Morgan	M			241	1:45:26
237	1:45:56	889	Richard Powell	M	40		243	1:45:35
238	1:45:58	861	Ryan Pearce	M			236	1:45:20
239	1:45:59	423	David Griffiths	M		Fairwater Runners Cwmbran	240	1:45:23
240	1:46:04	221	Matthew Cunnell	M	40		250	1:45:57
241	1:46:07	92	Rachel Bowen	F			245	1:45:44
242	1:46:09	962	Alan Rockliffe	M	50		249	1:45:56
243	1:46:11	225	Antony Dale	M	40		242	1:45:28
244	1:46:12	349	Tim Farndon	M			247	1:45:45
245	1:46:13	65	Alyson Bevan	F			252	1:45:57
246	1:46:19	352	Kelly Felstead	F		Islwyn Running Club	248	1:45:56
247	1:46:19	391	David Gates	M	50	Lliswerry Runners	246	1:45:44
248	1:46:20	853	Keith Patterson	M	70	San Domenico	253	1:46:00
249	1:46:21	1121	Mark Tyler	M			244	1:45:42
250	1:46:39	994	James Saunby	M	40		264	1:46:29
251	1:46:40	361	Pamela Flanagan	F	40		263	1:46:26
252	1:46:40	1114	Michael Tune	M	40		262	1:46:26
253	1:46:40	136	Kevin Burt	M	40		258	1:46:10
254	1:46:42	550	Neil James	M	40	Newport & East Wales Triathlon	265	1:46:30
255	1:46:44	519	Andrew Hughes	M	40		259	1:46:13
256	1:46:46	1069	Ben Sykes	F			267	1:46:30
257	1:46:50	249	Nick Davies	M	50	Lliswerry Runners	255	1:46:02
258	1:46:54	838	Rhys Parfitt	M		Pontypool & District Runners	261	1:46:26
259	1:46:56	231	Sophie Davidson	F			269	1:46:36
260	1:46:56	941	Samuel Richards	M			256	1:46:03
261	1:46:57	281	Rhys Doolan	M		Griffithstown Harriers	254	1:46:01
262	1:47:00	356	Simon Fish	M			272	1:46:43
263	1:47:03	1161	James Watkins	M	40	New Tredegar Nomads	257	1:46:09
264	1:47:04	497	Jon Holland	M			273	1:46:50
265	1:47:04	1151	Tim Washbrook	M			270	1:46:38
266	1:47:05	1084	Tom Hill	M			225	1:44:33
267	1:47:07	204	Michael Cordner	M	40	Admiral	266	1:46:30
268	1:47:09	1242	Darren Winnel	M			260	1:46:16
269	1:47:10	1163	Bob Watson	M	40	FERC	271	1:46:42
270	1:47:12	187	Clem Clement	M	50	Penarth & Dinas Runners	251	1:45:57
271	1:47:18	936	Elizabeth Richards	F	40	Caerleon Running Club	230	1:44:43
272	1:47:24	1247	Stephen Wood	M		Pegasus RC	275	1:46:59
273	1:47:29	1251	Emma Wookey	F		Lliswerry Runners	279	1:47:14
274	1:47:32	897	Jason Pritchard	M			277	1:47:07
275	1:47:35	411	Stuart Goodwin	M			268	1:46:36
276	1:47:54	148	Nadine Cannon	F			282	1:47:23
277	1:47:56	753	Matthew Minifie	M			229	1:44:43
278	1:48:02	147	Lee Canning	M			281	1:47:22
279	1:48:04	1041	Nick Spear	M			283	1:47:30
280	1:48:06	921	Ian Reiffer	M	40		284	1:47:33
281	1:48:06	547	Jon James	M	40	Pontypridd Roadents	291	1:47:56
282	1:48:09	966	James Rogers	M			287	1:47:44
283	1:48:10	1132	Martin Wade	M	40		280	1:47:19
284	1:48:11	275	Sarah Dodd	F			285	1:47:33
285	1:48:21	1232	Yvonne Williams	F	40	Outdoor Fitness	295	1:48:09
286	1:48:24	1214	Julian Williams	M	40		294	1:48:09
287	1:48:26	112	Tyrone Broome	M	50	Lliswerry Runners	276	1:47:05
288	1:48:27	210	Nick Cox	M			292	1:48:04
289	1:48:28	929	Steph Rhodes	F		Lliswerry Runners	290	1:47:53
290	1:48:33	536	Ben Hynes	M	40		274	1:46:52
291	1:48:33	916	Christina Rees	F	40	ActiveVibe	289	1:47:52
292	1:48:39	611	Sarah Kedward	F		Griffithstown Harriers	286	1:47:43
293	1:48:41	488	Keith Hobbs	M	50		278	1:47:12
294	1:48:48	446	Paul Hancocke	M			297	1:48:24
295	1:48:51	709	Paul Martin	M	40	West End Runners	300	1:48:32
296	1:48:58	1014	Carl Short	M			293	1:48:05
297	1:49:04	661	Julie Lewis	F	40	Islwyn Running Club	301	1:48:37
298	1:49:06	52	Paul Bateman	M	50		303	1:48:41
299	1:49:08	466	Mark Harvey	M	50	Chepstow Harriers	306	1:48:51
300	1:49:11	374	Nigel Foulkes-Nock	M	40	Lliswerry Runners	305	1:48:48

2014 Newport Half Marathon

Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
301	1:49:20	1054	Chris Stubbs	M			307	1:48:56
302	1:49:24	686	Richard Lowcock James	M		Lliswerry Runners	310	1:49:05
303	1:49:29	177	Gareth Chislett	M			299	1:48:29
304	1:49:32	1252	Chris Wreford	M			318	1:49:26
305	1:49:36	151	Andrew Caple	M	40		311	1:49:05
306	1:49:43	1019	Tosh Simpkin	M	40	Chepstow Harriers	316	1:49:24
307	1:49:48	332	David Evans	M	40		312	1:49:15
308	1:49:49	672	David Limbrick	M	50		317	1:49:25
309	1:49:52	376	James Francis	M	40		288	1:47:51
310	1:50:00	144	David Rhys Cakebread	M			302	1:48:39
311	1:50:04	39	Nicholas Baldwin	M			296	1:48:13
312	1:50:05	295	Richard Duffield	M			313	1:49:16
313	1:50:08	919	Cathy Rees-Williams	F			315	1:49:19
314	1:50:11	992	Chai Sanapala	M			308	1:48:57
315	1:50:12	593	Neil Jones	M			322	1:49:38
316	1:50:15	1134	Justin Waite	M			314	1:49:18
317	1:50:18	1171	Daffyd Weetman	M		Islwyn Running Club	325	1:49:55
318	1:50:22	1258	Marina Wright	M			320	1:49:35
319	1:50:30	532	Tavis Hurn	M	40		304	1:48:46
320	1:50:32	214	Gerard Crispie	M	50		332	1:50:20
321	1:50:38	298	Stuart Duncan	M	50	Chepstow Harriers	327	1:50:08
322	1:50:40	640	Sarah Lane	F			324	1:49:43
323	1:50:40	665	Shaun Lewis	M	40		323	1:49:40
324	1:50:45	1194	Michael Wilkinson	M	40		328	1:50:11
325	1:50:48	821	Kelly-Marie Osullivan	F			319	1:49:33
326	1:50:49	1058	Luke Sully	M			329	1:50:17
327	1:50:54	908	Andrew Ralph	M	50	Lliswerry Runners	326	1:50:08
328	1:50:55	280	Richie Donovan	M	40		333	1:50:23
329	1:50:57	236	Bernadette Davies	F	40	Caerleon Running Club	309	1:49:04
330	1:50:58	265	Gethin Dent	M	40		335	1:50:28
331	1:51:05	483	Christopher Hill	M	40		336	1:50:33
332	1:51:07	2	Christopher Adams	M	40		334	1:50:24
333	1:51:10	1204	David Williams	M			341	1:50:42
334	1:51:14	777	Lucy Morgan	F			339	1:50:39
335	1:51:18	1039	Hayley Smithson	F	40	Women Running Penarth	321	1:49:36
336	1:51:18	47	Matthew Barton	M			344	1:50:45
337	1:51:18	288	Dean Drew	M	40	Emersons Green Running Club	343	1:50:44
338	1:51:33	274	Tomas Dinham	M			350	1:51:05
339	1:51:34	1056	Christopher Suller	M	40		337	1:50:34
340	1:51:35	59	Robert Benjamin	M	50		348	1:51:03
341	1:51:38	277	Martin Donovan	M	50	Lliswerry Runners	352	1:51:18
342	1:51:41	190	Louis Clement	M			342	1:50:43
343	1:51:45	193	Andrew Cockeram	M	40	Lliswerry Runners	347	1:51:00
344	1:51:49	561	Gareth Jenkins	M	40	Lliswerry Runners	356	1:51:28
345	1:51:52	620	David Kent	M	40		298	1:48:25
346	1:51:53	1227	Sara Williams	F		Admiral	353	1:51:19
347	1:51:56	917	Elaine Rees	F	40	Outdoor Fitness	363	1:51:44
348	1:51:56	191	Lewis Coburn	M			346	1:50:57
349	1:51:59	14	Robert Anderson	M	60	Lliswerry Runners	355	1:51:25
350	1:52:02	618	Matt Kempson	M			354	1:51:25
351	1:52:06	1233	Elena Willis	F			359	1:51:37
352	1:52:16	377	John Frankish	M	40		358	1:51:35
353	1:52:18	599	Sian Jones	F		Caerleon Running Club	362	1:51:42
354	1:52:20	876	Carl Pocknell	M	40		365	1:51:52
355	1:52:26	1110	Simone Traylen-Thomas	F		Spirit Of Monmouth	370	1:52:01
356	1:52:28	357	Alan Fishwick	M	40	Lliswerry Runners	366	1:51:53
357	1:52:32	579	Bernadette Jones	F	40	Pontypridd Roadents	375	1:52:18
358	1:52:34	970	Ellen Roof	F			367	1:51:53
359	1:52:34	930	Catherine Rice	F			368	1:51:53
360	1:52:37	406	Keith Gittins	M	50		372	1:52:05
361	1:52:38	405	Jamiee Gittins	F			373	1:52:06
362	1:52:38	459	Michael Harris	M			374	1:52:09
363	1:52:39	529	Lindsey Hunt	F		Penarth & Dinas Runners	369	1:51:56
364	1:52:41	758	Diana Molloy	F	40		357	1:51:33
365	1:52:42	41	Dominic Ballisat	M		BMF Newport	338	1:50:35
366	1:52:43	387	Alan Garland	M	50		345	1:50:54
367	1:52:46	601	Sophie Jones	F			349	1:51:05
368	1:52:47	813	Kenneth Oliver	M	50	Islwyn Running Club	376	1:52:20
369	1:52:48	759	Margrett Monk	F	60	Parc Bryn Bach	380	1:52:33
370	1:52:54	380	Ceri Frayne	F			330	1:50:18
371	1:52:58	849	Robert Parsons	M	50		379	1:52:29
372	1:53:00	469	Peter Hawkins	M	40		371	1:52:03
373	1:53:05	91	Tom Bourton	M		Islwyn Running Club	378	1:52:28
374	1:53:09	17	Mark Archer	M	40		361	1:51:39
375	1:53:13	1185	Christopher White	M			340	1:50:39

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Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
376	1:53:13	1223	Paul Williams	M			331	1:50:19
377	1:53:16	606	Tamanda Kapazi	F			384	1:52:54
378	1:53:22	653	Julie Lees	F		Fairwater Runners Cwmbran	382	1:52:52
379	1:53:29	681	Sue Lomax	F	40		387	1:53:05
380	1:53:33	708	John Martin	M	50		385	1:52:59
381	1:53:35	321	Lee Elliott	M		AC Pontymister	381	1:52:34
382	1:53:38	619	David Kempton	M	50		396	1:53:23
383	1:53:43	602	Tom Jones	M			364	1:51:49
384	1:53:43	560	Ceri Jenkins	F		Lliswerry Runners	383	1:52:54
385	1:53:45	1147	Beverley Warburton	F	50		390	1:53:14
386	1:53:51	1218	Lisa Williams	F	40		351	1:51:15
387	1:53:51	956	Paul Roberts	M			400	1:53:36
388	1:53:54	54	Andrew Beard	M	50		388	1:53:09
389	1:54:00	115	David Brown	M	40		398	1:53:28
390	1:54:03	245	Liam Davies	M	50		406	1:53:45
391	1:54:05	1150	Helen Warrrender	F	40		391	1:53:18
392	1:54:08	278	Nadine Donovan	F	40	Pontypool & District Runners	395	1:53:23
393	1:54:09	1197	Angharad Williams	F			393	1:53:21
394	1:54:10	647	Jim Lawn	M	40		403	1:53:41
395	1:54:11	654	Robert Legg	M	40		404	1:53:42
396	1:54:20	638	Emily Laing	F			377	1:52:27
397	1:54:24	16	James Ansell	M			360	1:51:38
398	1:54:24	1138	Karen Walbyoff	F		Pontypool & District Runners	401	1:53:38
399	1:54:26	770	Emma Morgan	F		Pontypool & District Runners	402	1:53:39
400	1:54:26	535	Victor Hutchins	M	50	Hercules Wimbledon	418	1:54:21
401	1:54:32	270	Nicholas Diamon	M			392	1:53:18
402	1:54:33	32	Julia Bajjada	F	40		397	1:53:25
403	1:54:41	752	Michelle Johnson	F		Islwyn Running Club	386	1:52:59
404	1:54:47	181	Andrea Clark	F	40		414	1:54:04
405	1:54:50	878	Angharad Pocock	F		Outdoor Fitness	429	1:54:37
406	1:54:53	723	Steven McCuaig	M		Admiral	428	1:54:37
407	1:54:54	131	Rachael Burke	F			413	1:54:03
408	1:54:55	360	Bethan Flanagan	F			410	1:53:59
409	1:55:01	1099	Richard Tidy	M		ActiveVibe	426	1:54:36
410	1:55:05	477	John Griffiths	M	50		419	1:54:22
411	1:55:08	1097	Sinead Thomson	F		Lliswerry Runners	416	1:54:17
412	1:55:10	1177	David Westley	M	50	Lliswerry Runners	417	1:54:19
413	1:55:15	591	Martin Jones	M			422	1:54:27
414	1:55:17	1226	Rob Williams	M	50	Brecon AC	425	1:54:35
415	1:55:19	203	Wayne Cooper	M	40	Lliswerry Runners	443	1:55:08
416	1:55:20	789	Sharron Mulcahy	F	40		420	1:54:24
417	1:55:20	976	Joanna Rowberry	F			405	1:53:44
418	1:55:25	329	Hywel Ennis	M			409	1:53:53
419	1:55:30	319	Ray Ellingham	M	50	Lliswerry Runners	432	1:54:42
420	1:55:32	534	Fariq Hussain	M		Rougemont	394	1:53:22
421	1:55:36	965	Dawn Rogers	F	50	New Forest Runners	446	1:55:13
422	1:55:36	1011	Gayle Sheppard	F	40	Lliswerry Runners	415	1:54:11
423	1:55:41	330	Aaron Evans	M			424	1:54:34
424	1:55:41	1159	Chris Watkins	M			438	1:54:57
425	1:55:42	617	Jamie Kembrey	M			435	1:54:47
426	1:55:46	800	Stephen Nicholas	M			434	1:54:45
427	1:55:48	51	Lisa Bateman	F	40	Lliswerry Runners	439	1:54:58
428	1:55:48	999	Daniel Seale	M	40		412	1:54:02
429	1:55:48	240	Heidi Davies	F		Usk Runners	441	1:55:01
430	1:55:55	937	Gareth Richards	M		BGAC	448	1:55:22
431	1:55:58	799	Robert Ellis	M	40		452	1:55:44
432	1:56:05	1057	Alexander Sullivan	M			399	1:53:33
433	1:56:07	823	Ruth Ovey	F	40	Lliswerry Runners	447	1:55:21
434	1:56:07	375	Dan Fox-Pritchard	M		RAF Tri	430	1:54:42
435	1:56:11	1021	William Sims	M			431	1:54:42
436	1:56:20	199	Mark Connett	M			407	1:53:47
437	1:56:22	662	Natasha Lewis	F			408	1:53:50
438	1:56:24	793	Delyth Murray Lines	F			458	1:55:52
439	1:56:27	711	Kali Mason	F		Lliswerry Runners	449	1:55:36
440	1:56:28	89	Kevin Booth	M	50		461	1:55:57
441	1:56:28	1183	Alison Wherry-Alimo	F	40	Bitton Road Runners	453	1:55:44
442	1:56:28	441	Caroline Hall	F		Caerleon Running Club	454	1:55:45
443	1:56:30	1257	Katie Wright	F		Emersons Green Running Club	459	1:55:56
444	1:56:35	168	Belinda Channing	F	50		450	1:55:37
445	1:56:35	739	Runner 739	M			389	1:53:11
446	1:56:36	763	Andrew Moore	M			460	1:55:56
447	1:56:36	1221	Neil Williams	M	50	Usk Runners	437	1:54:57
448	1:56:37	510	Gabrielle Horup	F			436	1:54:54
449	1:56:38	276	Elliot Donald	M		AC Pontymister	451	1:55:39
450	1:56:41	1038	Stephen Smith	M	40		445	1:55:10

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Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
451	1:56:41	963	Kim Rockliffe	F	50		466	1:56:06
452	1:56:45	825	Gareth Owen	M			444	1:55:08
453	1:56:47	509	Brigitta Horup	F		Duffy's Runners	442	1:55:04
454	1:56:48	129	Brynley Burgess	M	50	Llisbury Runners	462	1:56:00
455	1:56:50	250	Owen Davies	M	40		456	1:55:48
456	1:56:51	991	Darren Samuel	M	40	Pontypool & District Runners	465	1:56:05
457	1:56:53	340	Mark Evans	M			473	1:56:22
458	1:56:53	354	Rachel Ferrington	F			421	1:54:25
459	1:56:56	765	Amberley Morgan	F		Pontypool & District Runners	468	1:56:08
460	1:57:02	96	Bronwen Boyce	F		Maindy Harriers	464	1:56:04
461	1:57:02	336	Lisa Evans	F		Spirit Of Monmouth	463	1:56:04
462	1:57:08	1198	Billy Williams	M			457	1:55:49
463	1:57:08	546	Eleanor James	F			440	1:55:00
464	1:57:10	1144	Sarah Walters	F			471	1:56:21
465	1:57:14	885	Carl Powell	M			411	1:54:01
466	1:57:25	736	Ellis Mead	M			427	1:54:36
467	1:57:25	116	Gareth Brown	M			479	1:56:44
468	1:57:25	50	Karl Bateman	M			476	1:56:37
469	1:57:28	779	Anthony Morris	M	50		484	1:57:07
470	1:57:29	435	Mark Hale	M	40		455	1:55:48
471	1:57:30	1009	Alison Sheedy	F	40	Llisbury Runners	478	1:56:43
472	1:57:31	382	Michael Frost	M			433	1:54:42
473	1:57:34	761	Stephen John Moody	M			472	1:56:21
474	1:57:36	1196	Liz Willey	F			480	1:56:45
475	1:57:38	140	Seonaid Butler	F			477	1:56:38
476	1:57:38	1248	Stuart Wood	M	40		469	1:56:08
477	1:57:41	44	Andy Barry	M	50		483	1:57:06
478	1:57:42	1108	Richard Tonkin	M		Spirit Of Monmouth	423	1:54:29
479	1:57:46	635	Gareth Barrington	M	39		491	1:57:32
480	1:57:46	1046	Spiro Stathakis	M		Llisbury Runners	482	1:57:05
481	1:57:50	914	Andrew Rees	M			467	1:56:07
482	1:57:51	216	Colin Crooks	M	50	Pegasus RC	486	1:57:09
483	1:57:52	34	Chris Baker	M			474	1:56:23
484	1:58:10	864	Kerry Pellatt	F	40		489	1:57:25
485	1:58:11	470	Robert Hay	M	40		481	1:56:52
486	1:58:13	1149	Patrick Ward	M		Admiral	470	1:56:18
487	1:58:37	394	Nathan George	M			492	1:57:36
488	1:58:39	961	Shelley Roche	F			496	1:57:47
489	1:58:40	291	Dale Duddridge	M			490	1:57:27
490	1:58:52	292	Mark Duddridge	M			494	1:57:39
491	1:58:53	1230	Steve Williams	M	50	Llisbury Runners	499	1:58:03
492	1:58:53	430	Dominic Guscott	M			475	1:56:34
493	1:58:55	996	Dirk Schmaljohann	M	40		493	1:57:37
494	1:58:58	211	Nicola Cranshaw	F			487	1:57:11
495	1:59:03	404	Ann Marie Ginwalla	F			509	1:58:42
496	1:59:09	327	Zoe Elver	F	40	Pontypool & District Runners	502	1:58:22
497	1:59:11	64	Kirsten Berryman	F			488	1:57:24
498	1:59:14	1222	Paul Williams	M	60		501	1:58:13
499	1:59:14	906	Wayne Radnedge	M	50		497	1:57:57
500	1:59:26	1211	James Williams	M			498	1:58:00
501	1:59:27	294	Kirsty Duffield	F			508	1:58:37
502	1:59:41	940	Lewis Richards	M			500	1:58:04
503	1:59:43	830	Mark Painter	M	50		512	1:58:52
504	1:59:53	869	Simon Petfield	M	40	Admiral	514	1:58:58
505	1:59:58	820	Zowie Osborne	F			511	1:58:49
506	2:00:03	957	Richard Roberts	M	40	Admiral	527	1:59:47
507	2:00:06	1236	Sarah Williams	F			521	1:59:32
508	2:00:07	810	Pete Oldfield	M	40		507	1:58:33
509	2:00:11	664	Nia Lewis	F		Abergavenny Road Runners	495	1:57:42
510	2:00:14	537	Terry Irvine	M	50		513	1:58:53
511	2:00:21	259	Matthew Davis	M			506	1:58:30
512	2:00:21	390	Cara Gates	F	40	Llisbury Runners	515	1:58:59
513	2:00:27	555	Nova Jefferies	F		Llisbury Runners	530	1:59:51
514	2:00:27	1245	Louise Withers	F			519	1:59:20
515	2:00:28	1200	Charlotte Williams	F			531	1:59:51
516	2:00:28	1238	Ian Wills	M	40		518	1:59:13
517	2:00:30	755	Shannel Mitchell	F		Llisbury Runners	517	1:59:08
518	2:00:31	1023	Paul Skippon	M	40		539	2:00:10
519	2:00:34	1123	Robin Ursell	M	50		510	1:58:49
520	2:00:34	573	Robert Haase	M	50		485	1:57:07
521	2:00:43	696	James Maloney	M			520	1:59:20
522	2:00:46	687	Carol Lowrey	F	50	Bitton Road Runners	505	1:58:29
523	2:00:48	942	Stephen Richards	M	40		522	1:59:35
524	2:00:50	1018	Andy Silk	M	50	Chepstow Harriers	532	1:59:58
525	2:00:53	948	Ruth Rigden	F			504	1:58:24

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Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
526	2:00:55	616	Kate Kelynock	F		Pontypool & District Runners	537	2:00:08
527	2:00:56	1078	Alexandra Thomas	F			533	1:59:59
528	2:00:59	854	Karen Payne	F	40	Caerleon Running Club	503	1:58:24
529	2:01:08	720	Peter McCarthy	M	40		516	1:59:02
530	2:01:16	920	Andrew Reid	M	50	Team Bath AC	553	2:00:57
531	2:01:17	525	Rebecca Hughes	F			540	2:00:11
532	2:01:20	253	Sean Davies	M		The Philly Runners	544	2:00:24
533	2:01:20	1167	Jason Webber	M			545	2:00:24
534	2:01:26	175	Sian Chicken	F	40	Kaleidoscope Runners	534	1:59:59
535	2:01:33	829	Rachel Padgett	F	40		528	1:59:47
536	2:01:33	888	Nairn Powell	F	50		529	1:59:47
537	2:01:41	588	Liam Jones	M			551	2:00:46
538	2:01:43	883	Nathan James Potter	M			556	2:01:03
539	2:01:45	951	Carl Roberts	M		Pontypool & District Runners	548	2:00:30
540	2:01:47	1045	Frank Stanton	M	50		562	2:01:23
541	2:01:57	369	Rebecca Forde	F			554	2:01:00
542	2:02:00	705	Stuart Marsh	M	40		566	2:01:39
543	2:02:01	77	Hannah Blackaby	F			559	2:01:10
544	2:02:02	997	Sarah Scott	F			568	2:01:45
545	2:02:05	500	Mark Holloway	M	40		558	2:01:08
546	2:02:06	660	David Lewis	M			541	2:00:13
547	2:02:10	72	Ray Bird	M			561	2:01:20
548	2:02:15	19	Tracey Armstrong	F			526	1:59:43
549	2:02:15	229	Mark Davenport	M			525	1:59:42
550	2:02:21	1192	Michael Wilcox	M			549	2:00:43
551	2:02:22	371	David Foster	M	50		564	2:01:28
552	2:02:24	872	Lowri Phillips	F		San Domenico	560	2:01:18
553	2:02:43	904	Dominic Quigley	M		Rougemont	546	2:00:28
554	2:02:45	565	Stefani Jenkins	F			547	2:00:30
555	2:02:47	1162	Mike Watkins	M			571	2:01:54
556	2:02:51	414	Jim Grant	M	40		542	2:00:13
557	2:02:54	1235	Martyn Willis	M	40		550	2:00:44
558	2:02:56	99	Bev Bradbury-Jones	F	40	Fairwater Runners Cwmbran	538	2:00:09
559	2:03:00	1189	Rhiannon Whitworth	F			535	2:00:03
560	2:03:00	230	Philip Davidson	M			536	2:00:03
561	2:03:01	1188	Laura Whittington	F			557	2:01:03
562	2:03:04	242	Jared Davies	M	40		543	2:00:14
563	2:03:05	786	David Mulcahy	M	40		579	2:02:30
564	2:03:05	365	Anne Follan	F	40	Pontypridd Roadents	583	2:02:36
565	2:03:07	269	Abu Dhabi	M			523	1:59:39
566	2:03:07	317	Natalie Elgar	F		Lliswerry Runners	569	2:01:48
567	2:03:08	485	Andrew Hillis	M	40		524	1:59:41
568	2:03:09	754	Michael Mitchell	M	50		577	2:02:11
569	2:03:17	612	Jan Keelan	F	40		584	2:02:39
570	2:03:19	911	Nicholas Reed	M		Rougemont	555	2:01:03
571	2:03:19	15	Lorraine Andrews	F	40		576	2:02:10
572	2:03:20	323	Karen Ellis-Hall	F			589	2:02:54
573	2:03:24	645	Kate Lavelle	F			598	2:03:24
574	2:03:34	1042	Linda Spillane	F	60	Newport & East Wales Triathlon	585	2:02:44
575	2:03:35	313	Sean Edwards	M	40		572	2:01:54
576	2:03:39	1073	Lesley Taylor	F	40		575	2:02:07
577	2:03:50	1241	Jessica Wilson	F			588	2:02:53
578	2:04:05	197	Jason Conibeer	M	40		578	2:02:13
579	2:04:09	431	Lee Guscott	M			570	2:01:48
580	2:04:10	402	Sandeep Gill	M			582	2:02:35
581	2:04:15	444	Sue Hampshire	F			563	2:01:27
582	2:04:17	554	Aleem Javed	M		Admiral	552	2:00:53
583	2:04:21	691	Niamh Maguire	F		Caerleon Running Club	574	2:02:05
584	2:04:22	48	Tracey Barton	F	40		607	2:03:49
585	2:04:23	623	Sue Kidd	F	40	FOR LUCA	565	2:01:36
586	2:04:24	879	Jennifer Pocock	F			580	2:02:31
587	2:04:28	977	Simon Clarke	M			581	2:02:35
588	2:04:32	1228	Sian Williams	F	50	Brecon AC	608	2:03:50
589	2:04:34	1101	Jennifer Tipper	F			615	2:04:08
590	2:04:36	178	Chris Chouls	M	40	Lliswerry Runners	596	2:03:20
591	2:04:37	205	Richard Corken	M			591	2:02:59
592	2:04:39	826	Jana Owen	F	40		592	2:03:03
593	2:04:39	1160	Elizabeth Watkins	M			611	2:03:55
594	2:04:41	118	Jason Brown	M		Cr@pTri	610	2:03:53
595	2:04:48	775	Liz Morgan	F		San Domenico	601	2:03:42
596	2:04:48	138	Tracy Burton	F	50	Lliswerry Runners	590	2:02:59
597	2:04:48	224	Mikyla Curtis	F			609	2:03:51
598	2:04:53	1017	Dave Siegel	M	40		573	2:01:59
599	2:05:00	234	Andrew Davies	M			602	2:03:44
600	2:05:04	1119	Grant Turner	M	40	Airbus	567	2:01:44

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Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
601	2:05:06	124	Ben Buchanan	M		Best Placed Last	599	2:03:28
602	2:05:15	540	Nick Jackson	M	40	Lliswerry Runners	613	2:03:59
603	2:05:20	841	Simon Parker	M	40		586	2:02:45
604	2:05:20	1210	Helen Williams	F			587	2:02:45
605	2:05:27	958	Sarah Roberts	F			600	2:03:34
606	2:05:28	20	Sara Arnold	F	40	Islwyn Running Club	606	2:03:46
607	2:05:28	1209	Helen Williams	F		Admiral	605	2:03:46
608	2:05:29	501	Wendy Holloway	F	40	Admiral	612	2:03:56
609	2:05:30	915	Caroline Rees	F			618	2:04:19
610	2:05:36	180	Helen Clancy	F	40	Chepstow Harriers	621	2:04:31
611	2:05:38	655	Karen Legge	F			604	2:03:45
612	2:05:45	1065	Sharon Sweet	F			628	2:04:47
613	2:05:54	784	Tanya Mountford	F	40	Rougemont	603	2:03:44
614	2:05:58	824	David Owen	M	50		627	2:04:43
615	2:05:58	1116	Stuart Turley	M	40		617	2:04:12
616	2:06:00	782	Katie Hewitt	F			619	2:04:20
617	2:06:07	508	Jake Hopper	M			593	2:03:13
618	2:06:07	933	Tracey Rich	F	40		595	2:03:20
619	2:06:08	932	Mark Rich	M	50		594	2:03:19
620	2:06:08	931	Hannah Rich	F			597	2:03:20
621	2:06:12	1007	Michelle Shapland	F	40	Lliswerry Runners	629	2:04:51
622	2:06:17	986	Russell Rykala	M	60		645	2:05:37
623	2:06:19	1086	Kirsty Thomas	F			626	2:04:39
624	2:06:20	490	James Hockey	M		Rougemont	614	2:04:05
625	2:06:22	25	Samuel Attewell	M			654	2:06:14
626	2:06:23	122	Nigel Bryant	M	60		622	2:04:34
627	2:06:28	690	Ian Macrory	M	40		631	2:04:58
628	2:06:31	452	Gareth Harfoot	M			644	2:05:37
629	2:06:35	1157	Andrew Watkins	M			633	2:05:02
630	2:06:39	450	Richard Handy	M			616	2:04:10
631	2:06:40	114	Callum Brown	M		Rougemont	620	2:04:24
632	2:06:45	1109	Claire Townsend	F	40		623	2:04:35
633	2:06:45	189	Janice Clement	F	50	Penarth & Dinas Runners	642	2:05:28
634	2:06:48	840	Elizabeth Parker	F	40	Lliswerry Runners	640	2:05:26
635	2:06:53	1034	Martine Smith	F			630	2:04:51
636	2:07:00	1195	Will Wilkinson	M	40		635	2:05:11
637	2:07:08	1015	James Short	M			646	2:05:43
638	2:07:12	67	William Bewg	M	60	Chepstow Harriers	643	2:05:29
639	2:07:13	875	Gareth Pitman	M			624	2:04:36
640	2:07:14	751	Johanna Miller	F	40		625	2:04:37
641	2:07:17	1053	Richard Street	M	50	Pegasus RC	661	2:06:35
642	2:07:18	143	Matthew Cadogan	M		Admiral	632	2:05:01
643	2:07:21	328	Karen Emmott	F	40	Lliswerry Runners	652	2:05:59
644	2:07:23	582	Christopher Jones	M	50	Lliswerry Runners	649	2:05:52
645	2:07:27	896	Catherine Pritchard	F			634	2:05:02
646	2:07:31	176	Miles Chidlow	M	40		662	2:06:36
647	2:07:34	634	Nicola Knowles	F			647	2:05:50
648	2:07:42	924	Lee Relish	M			655	2:06:15
649	2:07:42	923	John Relish	M	60		656	2:06:15
650	2:07:43	760	Sarah Moody	F			636	2:05:12
651	2:07:46	898	Helen Protheroe	F			637	2:05:18
652	2:07:47	646	Lisa Lawford	F	40		638	2:05:20
653	2:07:52	264	Anthony Deacy	M	50		664	2:06:53
654	2:07:58	407	Matthew Gobbett	M		Usk Runners	657	2:06:18
655	2:08:01	1127	Rachel Vernall	F	40		669	2:07:27
656	2:08:04	7	Geoffrey Allen	M			653	2:06:07
657	2:08:06	1076	Simon Tee	M	40	Lliswerry Runners	639	2:05:22
658	2:08:10	1100	Jackie Lambeth	F	40	Islwyn Running Club	659	2:06:27
659	2:08:10	1217	Lauren Williams	F			641	2:05:28
660	2:08:12	1003	Melonie Senior	F	40	Islwyn Running Club	660	2:06:29
661	2:08:25	689	Kate Mackenzie	F			650	2:05:53
662	2:08:29	309	Andrew Edmunds	M			678	2:08:10
663	2:08:43	584	Hywel Jones	M	40		651	2:05:54
664	2:08:44	1008	Heather Shaw	F			677	2:08:09
665	2:08:46	95	Nicola Bowman	F	40	Admiral	668	2:07:13
666	2:08:47	632	Stacey Knight	F			648	2:05:51
667	2:08:48	66	Claire Bevans	F			675	2:07:57
668	2:08:54	13	Clare Anderson	F	40		665	2:07:01
669	2:09:02	533	Emma Hurrell	F		Hereford Triathlon Club	663	2:06:44
670	2:09:10	866	Karen Penny	F	40	Lliswerry Runners	673	2:07:46
671	2:09:31	987	Louise Saddler	F	40	Islwyn Running Club	671	2:07:41
672	2:09:31	783	Nicki Marinovic	F			672	2:07:41
673	2:09:37	447	Paul Hancox	M	50		658	2:06:22
674	2:09:38	557	Edward Jeffries	M			666	2:07:01
675	2:09:38	812	James O'Leary	M			676	2:08:05

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Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
676	2:09:38	135	Pete Burrows	M		Caerleon Running Club	667	2:07:02
677	2:09:44	155	James Carmichael	M		Admiral	674	2:07:51
678	2:09:55	239	David Davies	M	40	Caerleon Running Club	681	2:08:30
679	2:09:59	45	Christopher Bartlett	M			685	2:08:52
680	2:10:02	351	Vicky Fear	F		Lliswerry Runners	691	2:09:11
681	2:10:09	1202	Daniel Williams	M			690	2:09:09
682	2:10:12	589	Lucy Jones	F			679	2:08:27
683	2:10:13	492	Gareth Hodge	M	40		680	2:08:29
684	2:10:19	465	Jim Harvey	M	50		682	2:08:35
685	2:10:20	43	Amanda Barrington	F	40	Penarth & Dinas Runners	688	2:09:03
686	2:10:22	454	Ann-Marie Harris	F			693	2:09:24
687	2:10:23	1148	Ian Warburton	M	40	Penarth & Dinas Runners	689	2:09:05
688	2:10:24	389	Rachel Garrod	F		Rougemont	684	2:08:52
689	2:10:24	551	Shane James	M			686	2:09:02
690	2:10:26	836	Angela Parfitt	F	40	Lliswerry Runners	687	2:09:02
691	2:10:34	659	Claire Lewis	F	40	San Domenico	695	2:09:28
692	2:10:42	596	Peter Jones	M			670	2:07:36
693	2:10:51	1246	Robert Wood	M	40		692	2:09:21
694	2:10:57	674	Dean Little	M			699	2:09:44
695	2:10:58	299	Kathryn Dunn	F			683	2:08:42
696	2:11:01	38	Joy Baker	F		Team HE	696	2:09:30
697	2:11:01	592	Martyn Jones	M	40	Lliswerry Runners	697	2:09:31
698	2:11:14	1037	Ruth Smith	F	50	Women Running Penarth	698	2:09:32
699	2:11:18	1027	Emma Smith	F	40		700	2:09:44
700	2:11:28	40	Dione Ball	F	40	Ebbw Vale Running Club	711	2:10:35
701	2:11:31	455	Antony Harris	M			720	2:11:01
702	2:11:38	644	Robert Larkins	M	60		701	2:09:51
703	2:11:39	811	Gary Olding	M	40		704	2:10:01
704	2:11:40	110	Michael Brookes	M	50		705	2:10:02
705	2:11:51	1022	Lisa Singer	F		Rougemont	707	2:10:19
706	2:11:59	268	Martyn Dew	M	50		709	2:10:20
707	2:11:59	314	Trish Edwards	F	40	Usk Runners	708	2:10:19
708	2:12:08	1131	Liam Wade	M	60		703	2:09:52
709	2:12:18	489	Mari Elen Hobbs	F	50		719	2:10:59
710	2:12:25	882	Diane Potter	F	40	Lliswerry Runners	710	2:10:23
711	2:12:29	400	Bailjit Gill	F			717	2:10:54
712	2:12:33	494	Stephen Holderness	M	40		721	2:11:04
713	2:12:37	102	Linda Brewer	F			735	2:12:00
714	2:12:37	258	George Davis	M			733	2:11:57
715	2:12:39	98	Russell Boyle	M			723	2:11:29
716	2:12:41	1169	Sue Webster	F	40		702	2:09:52
717	2:12:50	733	Henry McNamara	F		Rougemont	712	2:10:40
718	2:12:54	3	Patricia Alberry	F	50	Purbeck Runners	694	2:09:28
719	2:12:54	246	Lisa Davies	F	40		715	2:10:51
720	2:12:56	993	Johnstone Sara	F			716	2:10:54
721	2:13:03	157	Oscar Carrel	M		Rougemont	713	2:10:46
722	2:13:04	238	Caroline Davies	F			706	2:10:19
723	2:13:08	1087	Martyn Thomas	M			734	2:11:58
724	2:13:14	727	Niki McGowan	M			714	2:10:48
725	2:13:16	762	John Moor	M	50	BMF Newport	725	2:11:42
726	2:13:23	502	Kirsty Holtham-Morgan	F			724	2:11:37
727	2:13:27	899	Robert Prowse	M	40		718	2:10:57
728	2:13:44	833	Dan Palmer	M		NTFA	739	2:12:29
729	2:13:51	701	Charlie Marr	F			722	2:11:28
730	2:14:02	835	Chris Samuel	M	50		738	2:12:13
731	2:14:03	119	Megan Brown	F			746	2:12:41
732	2:14:11	952	Catrin Roberts	F			727	2:11:49
733	2:14:14	111	Claire Broome	F			730	2:11:52
734	2:14:14	1152	Nick Watcher	M		Newport Bootcamps	729	2:11:50
735	2:14:16	1093	Zoe Thomas	F			726	2:11:47
736	2:14:17	1091	Shaun Thomas	M			747	2:12:48
737	2:14:19	818	Amaia Ortega Goitia	F			731	2:11:56
738	2:14:20	472	Sian Hayward	F	50		736	2:12:08
739	2:14:25	468	Nicola Hawkesford	F	40		732	2:11:57
740	2:14:30	8	Jennifer Allen	F			741	2:12:35
741	2:14:33	1213	John Williams	M	40		728	2:11:50
742	2:14:38	746	Andrew Merrick	M		Admiral	742	2:12:39
743	2:14:44	159	Anne Carter	F	50		744	2:12:40
744	2:14:46	101	Emma Brearley	F		San Domenico	759	2:13:41
745	2:14:49	429	Emma Gunter	F			745	2:12:40
746	2:14:56	83	Wesley Blom	M		Admiral	750	2:13:01
747	2:14:56	185	James Clarke	M			740	2:12:35
748	2:14:58	142	Andrew Cadmore	M	40	Brecon AC	755	2:13:17
749	2:14:59	978	Kevin Rowe	M	40	FOR LUCA	737	2:12:12
750	2:15:01	286	Stephanie Drake	F			761	2:13:43

2014 Newport Half Marathon

Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
751	2:15:01	149	Laura Cansfield	F			762	2:13:43
752	2:15:13	1063	Andy Sutton	M		San Domenico	773	2:14:22
753	2:15:15	169	Laura Channing	F		Admiral	748	2:12:49
754	2:15:19	63	Kathryn Benson	F			749	2:12:56
755	2:15:20	491	Paula Hoddinott	F	40	Caerleon Running Club	753	2:13:03
756	2:15:21	628	Rachael King	F			757	2:13:37
757	2:15:23	955	Leonie Roberts	F		Griffithstown Harriers	743	2:12:40
758	2:15:29	71	Elizabeth Bird	F			766	2:14:01
759	2:15:30	381	Jon Paul French	M		Physikal Fitness	754	2:13:08
760	2:15:33	398	Joanna Gibson	F	40		760	2:13:41
761	2:15:48	393	Chris Gentle	M	40	Lliswerry Runners	778	2:14:33
762	2:15:56	1239	Amanda Mealing	F	40	Griffithstown Harriers	777	2:14:29
763	2:15:58	192	Lucy Cochrane	F		Pontypool & District Runners	785	2:14:55
764	2:15:58	35	Clare Baker	F			751	2:13:02
765	2:15:58	650	Abbey Leahy	F			756	2:13:34
766	2:15:59	1170	Dominique Wedge	F			752	2:13:03
767	2:16:03	968	Laura Rogers	F			765	2:13:58
768	2:16:04	749	Amir Mian	M		Rougemont	763	2:13:47
769	2:16:14	301	Lee Durkee	M		Pontypool & District Runners	786	2:15:00
770	2:16:19	894	Ruth Price	F	40		774	2:14:26
771	2:16:22	1075	Abigail Tee	F			758	2:13:40
772	2:16:25	432	Raymond Guscott	M	50		767	2:14:05
773	2:16:28	724	Fraser McDonald	M		Rougemont	768	2:14:12
774	2:16:34	675	Catherine Llewellyn	F	50		793	2:15:49
775	2:16:36	419	Josh Greenhaf	M			772	2:14:20
776	2:16:37	570	Carys M John	F			787	2:15:18
777	2:16:45	750	Alice Miller	F			776	2:14:29
778	2:16:52	22	Samantha Ashton	F			784	2:14:46
779	2:16:55	1135	Laurence Waite	M	50		764	2:13:55
780	2:16:58	859	Gareth Pearce	M	40	Lliswerry Runners	780	2:14:35
781	2:17:00	171	Andrew Chappell	M	40		779	2:14:35
782	2:17:03	1199	Carol Williams	F	50	Bitton Road Runners	782	2:14:46
783	2:17:04	503	Alison Holton	F	40		769	2:14:14
784	2:17:04	310	Hayley Edwards	F		Lliswerry Runners	791	2:15:43
785	2:17:07	684	Elizabeth Lott	F			783	2:14:46
786	2:17:12	1184	Brendon White	M		Admiral	771	2:14:19
787	2:17:14	113	Andrew Brown	M	40		792	2:15:47
788	2:17:22	1142	Natalie Walker	F			788	2:15:36
789	2:17:22	283	Claire Douglas	F	40		789	2:15:36
790	2:17:32	399	Lucy Gilbert	F			770	2:14:17
791	2:17:42	37	James Baker	M			775	2:14:27
792	2:17:47	194	Vicki Cole	F			802	2:16:39
793	2:17:57	1070	Caroline Syred	F			781	2:14:44
794	2:18:12	567	Chris Jevons	M			801	2:16:36
795	2:18:23	24	Rhiannon Atkinson	F		Physikal Fitness	794	2:16:00
796	2:18:24	1180	Ali Whatmore	F	40		795	2:16:00
797	2:18:25	719	Elizabeth McCarthy	F	40		797	2:16:19
798	2:18:31	388	Alexander Garrod	M		Rougemont	807	2:16:59
799	2:18:33	1224	Rhiannon Williams	F	40		796	2:16:09
800	2:18:35	167	Lauren Challenger	F		Admiral	790	2:15:42
801	2:18:47	161	Rachael Carter	F	40	Hogweed Trotters	806	2:16:57
802	2:18:48	773	Kay Morgan	F		Pontypool & District Runners	813	2:17:45
803	2:18:53	290	Christopher Duddridge	M			811	2:17:39
804	2:18:54	1036	Peter Smith	M			804	2:16:43
805	2:18:56	909	Victoria Ratcliffe	F		Teignbridge Trotters	798	2:16:30
806	2:19:06	73	Renee Bird	F	40	Crofts End	800	2:16:36
807	2:19:15	867	Clifford Perry	M		Pontypool & District Runners	810	2:17:36
808	2:19:19	1205	Edward Williams	M			814	2:17:46
809	2:19:23	607	Amy Kaplan	F	40		809	2:17:24
810	2:19:27	515	Gwyn Howells	F	60	Caerleon Running Club	805	2:16:52
811	2:19:32	30	Katherine Bailey	F	40		821	2:18:20
812	2:19:33	893	Richard Price	M			803	2:16:41
813	2:19:56	302	Lynda Dursley	F	50	Lliswerry Runners	823	2:18:32
814	2:20:01	438	Jonathan Hales	M			799	2:16:31
815	2:20:06	1187	Ceri Whitfield	F			820	2:18:14
816	2:20:07	1206	Eirian Williams	M	40		808	2:17:07
817	2:20:15	1013	Abigail Short	F			815	2:18:00
818	2:20:24	284	Alex Dovey	M			812	2:17:41
819	2:20:29	1153	Alison Waters	F			822	2:18:25
820	2:20:31	1096	Nina Thoms	F			816	2:18:03
821	2:20:31	300	Alison Durham	F	40	Bettws Women'S Running Group	827	2:18:57
822	2:20:32	305	Michael Dykes	M			817	2:18:05
823	2:20:32	467	Lisa Harwood	F	40		826	2:18:56
824	2:20:43	462	Sarah Harrold	F	40		818	2:18:10
825	2:20:43	482	Cheryl Hill	F	40	Pegasus RC	819	2:18:10

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Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
826	2:20:46	29	Emma Ayres	F			825	2:18:52
827	2:20:55	842	Zowie Parker	F			828	2:19:02
828	2:21:24	1130	Mike Vowles	M	60	Weston AC	832	2:19:22
829	2:21:25	980	Rachel Rowe	F		FOR LUCA	824	2:18:39
830	2:21:40	505	Diana Hopkins	F	40		836	2:19:44
831	2:21:40	426	Erika Grima Hawkins	F			837	2:19:45
832	2:21:42	699	Nicola Mansfield	F		Bettws Women'S Running Group	840	2:20:08
833	2:21:51	631	Ceri Knight	F		Pontypool & District Runners	838	2:19:47
834	2:21:52	1074	Marc Taylor	M			843	2:20:16
835	2:21:56	1085	Katie Thomas	F			831	2:19:21
836	2:22:07	553	Helen Jarvis	F			834	2:19:32
837	2:22:09	578	Ben Jones	M		Africamp 2014	833	2:19:31
838	2:22:17	282	Ruth Dorrell	F		Frenchay Runners	829	2:19:19
839	2:22:17	350	Clare Fear	F		Frenchay Runners	830	2:19:19
840	2:22:18	261	Jo Daviss	F	40		835	2:19:43
841	2:22:21	852	Anna Paterson	F			847	2:20:31
842	2:22:23	363	Gareth Fletcher	M		Admiral	851	2:21:07
843	2:22:25	345	Stephen Evans	M	40		842	2:20:12
844	2:22:37	892	Rachel Price	F	40		841	2:20:11
845	2:22:44	307	Simon Ealey-Fitzgerald	M	40		844	2:20:19
846	2:22:45	306	Catherine Ealey-Fitzgerald	F			845	2:20:20
847	2:22:53	890	Angharad Price	F			839	2:20:05
848	2:22:58	695	Ann-Marie Maloney	F			846	2:20:28
849	2:23:00	420	Rebecca Greenslade	F			858	2:21:31
850	2:23:00	233	Aimee Davies	F			859	2:21:31
851	2:23:07	873	Morwenna Phillips	F		Lliswerry Runners	854	2:21:17
852	2:23:11	1190	Jason Wilcox	M			860	2:21:33
853	2:23:15	774	Laura Morgan	F		Pegasus RC	849	2:20:44
854	2:23:18	947	Shani Rigby	F	50		857	2:21:31
855	2:23:22	845	Lesley Parratt	F	50	Lliswerry Runners	856	2:21:19
856	2:23:25	1249	Rhian Woodman	F			861	2:21:35
857	2:23:28	132	Jenny Burns	F	40		853	2:21:16
858	2:23:55	1255	Robert Wren	M			864	2:21:51
859	2:23:55	1254	Elinor Wren	F	40		863	2:21:51
860	2:24:01	609	Matthew Kavanagh	M			852	2:21:07
861	2:24:19	1181	Syd Wheeler	M	60	Chepstow Harriers	848	2:20:42
862	2:24:21	587	Leigh Jones	F	40		865	2:21:53
863	2:24:25	881	Lynette Porter	F		Great Western Runners	850	2:21:02
864	2:24:31	385	Nicola Gane	F	40		867	2:22:27
865	2:24:32	232	Suzanne Davidson	F			855	2:21:19
866	2:24:39	527	Alice Hunt	F			866	2:21:59
867	2:24:51	241	James Davies	M			870	2:23:36
868	2:24:56	794	Christopher Muscat	M		Muscateers	862	2:21:40
869	2:25:41	479	Teresa Henson	F			876	2:24:00
870	2:26:02	97	Judith Boyes	F	50		871	2:23:37
871	2:26:05	831	Kate Palfrey	F		Fairwater Runners Cwmbran	868	2:23:18
872	2:26:12	109	Darren Brooke	M			872	2:23:39
873	2:26:19	443	Paul Hampshire	M	50		869	2:23:30
874	2:26:45	586	Jarvis Jones	M		Rougemont	878	2:24:29
875	2:27:01	1112	Katie Troughton	F		Rougemont	879	2:24:40
876	2:27:06	1155	Katharine Waters	F			873	2:23:43
877	2:27:15	1051	Ieuan Stichbury	M		Welsh Africamp 2014	880	2:24:56
878	2:27:17	1113	Lucy Trowse	F	40	Cotswold Allrunners	877	2:24:04
879	2:27:18	1082	Gregory James Thomas	M			874	2:23:57
880	2:27:18	850	Amy Partridge	F			875	2:23:58
881	2:27:37	413	Emily Grant	F		Bettws Women'S Running Group	885	2:26:02
882	2:28:09	798	Stephen New	M	40	Islwyn Running Club	886	2:26:10
883	2:28:17	1090	Richard Thomas	M			893	2:26:49
884	2:28:33	542	Harriet Jacobs	F			881	2:25:47
885	2:28:34	198	Simon Conlin	M			899	2:27:24
886	2:28:36	844	Louise Parr	F		Rougemont	891	2:26:27
887	2:28:47	195	Stephen Collard	M	40		901	2:27:38
888	2:28:49	1081	Gemma Thomas	F			884	2:26:01
889	2:28:59	796	Graham Neil	M	50		895	2:27:03
890	2:28:59	698	Angela Mansfield	F		Bettws Women'S Running Group	898	2:27:24
891	2:29:02	220	Debbie Cumming	F	50	Caerleon Running Club	890	2:26:26
892	2:29:04	474	Danielle Heath	F		Team Lesley	883	2:25:52
893	2:29:05	843	Zoe Parle	F			882	2:25:52
894	2:29:05	1139	Natalie Walden	F			894	2:26:50
895	2:29:06	436	Peter Hale	M			887	2:26:15
896	2:29:06	954	Eleanor Roberts	F			888	2:26:16
897	2:29:06	1117	Arthur Turner	M	60		889	2:26:16
898	2:29:27	778	Susan Morgan	F	50	Rougemont	897	2:27:24
899	2:29:29	1125	Toni Van Der Linde	F	40		896	2:27:23
900	2:29:33	1176	Benjamin West	M			900	2:27:26

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Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
901	2:29:53	614	Louis Kelly	M			906	2:28:39
902	2:29:54	1004	Mansfield Serina	F			902	2:28:19
903	2:30:05	649	Alex Leach	M		Muscateers	892	2:26:48
904	2:30:18	1263	Zoltan Zolyomi	M			908	2:28:56
905	2:30:27	819	Gareth Osborn	M			904	2:28:27
906	2:30:46	79	Samantha Blackie	F	40		907	2:28:47
907	2:31:23	1136	Sara Wakefield	F		Pontypool & District Runners	914	2:29:44
908	2:31:35	312	Sarah Edwards	F	40	Corsham Running Club	903	2:28:23
909	2:31:36	1261	Scott Young	M		Rougemont	910	2:29:18
910	2:31:38	581	Charlotte Jones	F			912	2:29:29
911	2:31:47	448	Gillian Handley	F	50	Lliswerry Runners	909	2:29:01
912	2:31:49	629	Sophia King	F			905	2:28:38
913	2:31:59	816	Claire Orford	F	40		913	2:29:29
914	2:32:25	552	Hanan Jamil	M			921	2:31:03
915	2:32:28	1012	Karen Sheppard	F	50		917	2:30:10
916	2:32:30	613	Joe Keirle	M		Admiral	915	2:29:52
917	2:32:33	397	Lucy Gibbs	F	40		926	2:31:47
918	2:32:33	886	Geraldine Powell	F			918	2:30:37
919	2:32:44	173	John Charlton	M	40		911	2:29:27
920	2:32:51	46	Steve Bartlett	M	40		922	2:31:21
921	2:32:52	434	Jonathan Haines	M	40		919	2:30:46
922	2:32:53	884	James Potts	M		Admiral	920	2:30:53
923	2:33:28	1262	Feng Zhang	M		NTFA	916	2:30:06
924	2:33:45	677	Ross Llewellyn	M		Admiral	925	2:31:46
925	2:34:10	166	Louise Chalabi	F			923	2:31:23
926	2:34:20	946	Adam Ridley	M			924	2:31:26
927	2:34:53	480	Adam Heyman - Heybyrne	M	40	Caldicot & Risca Kickboxing	928	2:33:21
928	2:35:33	478	Annie Hendon	F			927	2:32:56
929	2:35:40	308	James Earls	M		NTFA	939	2:34:25
930	2:35:44	768	Daisy Morgan	F		Rougemont	929	2:33:23
931	2:35:49	559	Victoria Jeffs	F		Rougemont	931	2:33:28
932	2:35:52	208	Lucy Cox	F			933	2:33:31
933	2:36:10	386	Harry Gardiner	M		Rougemont	936	2:33:55
934	2:36:10	228	Natasha Darby	F			932	2:33:31
935	2:36:13	1174	Martine Welsh	F	40		935	2:33:51
936	2:36:41	668	William Lewis	M	50		945	2:35:15
937	2:36:50	27	Daphne Austerberry	F	60	Chepstow Harriers	930	2:33:28
938	2:36:52	528	Joshua Hunt	M		Admiral	938	2:34:25
939	2:37:06	408	Rachael Godwin	F			934	2:33:42
940	2:37:15	781	Lionel Morris	M	50		943	2:35:03
941	2:37:16	130	Ros Burgess	F	40	Lliswerry Runners	948	2:35:51
942	2:37:17	1033	Luke Smith	M			940	2:34:37
943	2:37:17	907	Sarah Rajoo	F			941	2:34:37
944	2:37:38	639	Bronwen Lancaster	F			937	2:34:25
945	2:37:49	1154	Kate Waters	F		Lliswerry Runners	944	2:35:03
946	2:38:03	925	Laura Rendell	F		Lliswerry Runners	946	2:35:19
947	2:38:17	496	Cameron Holgate	M		Rougemont	949	2:36:03
948	2:38:26	335	Katie Evans	F	40		942	2:34:54
949	2:38:27	673	Thomas Link	M			947	2:35:30
950	2:38:50	590	Linda Jones	F	40	Islwyn Running Club	950	2:37:02
951	2:39:23	1158	Carmen Watkins	F	40	Scouts	952	2:37:24
952	2:39:35	934	Andy Richards	M		Rougemont	954	2:37:26
953	2:39:48	1094	Isabelle Thomissen	F		Lliswerry Runners	955	2:37:45
954	2:39:53	658	Christine Lewis	F	50	Lliswerry Runners	958	2:38:29
955	2:40:13	473	Kate Haywood	F			957	2:38:05
956	2:40:13	359	Emma Fitzmaurice	F			956	2:38:05
957	2:40:14	260	Claire Davison	F			951	2:37:02
958	2:40:32	367	Stephen Ford	M			953	2:37:25
959	2:41:17	347	Annette Exley	F	40	Lliswerry Runners	962	2:39:27
960	2:41:32	125	Julie Gibson	F	50		960	2:39:17
961	2:41:33	150	Michelle Clabon	F	50		961	2:39:18
962	2:42:00	1164	Clare Watson	F			959	2:38:50
963	2:42:17	598	Sharon Jones	F			966	2:40:25
964	2:42:20	513	Barry Howells	M	40		963	2:39:45
965	2:42:20	517	Lorraine Howells	F	60		964	2:39:45
966	2:43:18	1048	Victoria Stephens	F			965	2:39:46
967	2:45:51	563	Matthew Jenkins	M			967	2:42:56
968	2:46:02	572	Judith John	F	50		968	2:43:35
969	2:48:18	569	Ruth Johansen	F	50	Bettws Women'S Running Group	971	2:46:42
970	2:48:28	903	Dwayne Quamina	M		Admiral	972	2:47:12
971	2:48:31	463	Daniel Hart	M			969	2:46:17
972	2:48:59	523	Karen Hughes	F			970	2:46:40
973	2:53:12	164	Katherine Castle	F			973	2:51:03
974	2:54:01	378	Belinda Fraser	F			974	2:51:19
975	2:54:01	1071	Mari Tamlyn	F	50		975	2:51:19

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Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
976	2:54:01	1072	Nicky Tamlyn	M			976	2:51:19
977	2:55:52	74	Stephanie Bird	F		Admiral	977	2:52:57
978	2:57:24	1186	Roger White	M	50		979	2:55:11
979	2:57:24	846	Louise Parry	F			978	2:54:03
980	2:58:11	713	Kate Massey	F	40		981	2:55:34
981	2:58:12	1102	Joanna Tipper	F	40	Admiral	980	2:55:18
982	2:59:01	58	Rachel Bengough	F			983	2:56:47
983	2:59:36	188	James Clement	M		Admiral	982	2:56:39
984	3:01:42	304	Tina Dury	F	40	Caerleon Running Club	985	2:59:02
985	3:02:07	706	Stephen Marshall	M		Admiral	986	2:59:16
986	3:02:07	949	Laura Riley	F			987	2:59:16
987	3:02:09	201	Richard Cook	M	60	Purbeck Runners	984	2:58:37
988	3:03:04	600	Sian Jones	F		Lliswerry Runners	988	3:00:17
989	3:04:26	1124	Michaela Van Der Linde	F		Rougemont	991	3:02:06
990	3:04:26	1035	Megan Smith	F		Rougemont	992	3:02:07
991	3:04:29	251	Rebecca Davies	F			989	3:01:45
992	3:04:29	9	Sian Allen	F			990	3:01:45
993	3:06:23	28	Jayne Austin	F	40		993	3:03:45
994	3:07:34	362	Chelsey Flenley	F			994	3:06:10
995	3:15:12	902	Nicola Pullen	F			996	3:12:31
996	3:15:13	790	Declan Mulhall	M			997	3:12:32
997	3:15:51	797	Rachael Netherway	F	40		995	3:12:17
998	3:18:06	1032	Lorraine Smith	F			998	3:15:56
999	3:18:07	870	John Pethick	M	50		999	3:15:56
1000	3:25:20	156	Jodie Carpenter	F			1000	3:22:46
1001	3:39:17	636	Michelle Kouzoukis	F			1001	3:36:35
1002	3:43:47	642	Claire Langford	F		Rougemont	1002	3:41:30
1003	3:45:35	511	Clair Houston	F			1003	3:42:14